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53. Open National Championships & Open National Championships Masters Finswimming 2010



Organiser: Verband Deutscher Sporttaucher e.V.
Host: SC DHfK Leipzig e.V., Section Finswimming
Date: Friday, June 4th, 2010 till Sunday, June 6th, 2010
Location: Indoor Swimming Pool University of Leipzig, Mainzer Str. 2-4, 04109 Leipzig, Germany

1. Competition Pool

Pool Measurement: 50 m x 21 m
Number of Lanes: 8
Lead Character: Wavebreaking leads
Depth of Water: constant 2,00 m
Temperature of Water: 27° C
Timing Technology: Electronical, Omega ARES 21

2. Order of Competitions

1st Part of the Meeting: Friday, June 4th, 2010
Registration: from 01:30 pm
Admittance: from 02:00 pm
Warming Up: 02:00 pm till 03:00 pm
Meeting Team Leaders: 02:30 pm
Referee Meeting: 02:30 pm
Opening: 03:05 pm
Beginning: 03:15 pm

Competition	01	1500 m	SF	Women	Final Heats
	02	1500 m	SF	Men	Final Heats
	03	400 m	IS	Women	Final Heats
	103	400 m	IS	Women	Final Heats Masters
	04	400 m	IS	Men	Final Heats
	104	400 m	IS	Men	Final Heats Masters
	05	50 m	IS	Women	Heats
	105	50 m	IS	Women	Final Heats Masters
	06	50 m	IS	Men	Heats
	106	50 m	IS	Men	Final Heats Masters

Break with Winners Ceremony (1500 m SF, 400 m IS and 50 m IS Masters)

	07	4 x 200 m	SF	Women	Final Heats
	08	4 x 200 m	SF	Men	Final Heats

Winners Ceremony (4 x 200 m SF)

2nd Part of the Meeting: Saturday, June 5th, 2010
 Admittance: from 09:00 am
 Warming Up: 09:00 am till 09:50 am
 Meeting Team Leaders: 09:30 am
 Referee Meeting: 09:30 am
 Beginning: 10:00 am

Competition	09	100 m	SF	Women	Heats
	109	100 m	SF	Women	Final Heat Masters
	10	100 m	SF	Men	Heats
	110	100 m	SF	Men	Final Heat
	11	800 m	IS	Women	Final Heat
	12	800 m	IS	Men	Final Heat

Break (appr. 1 Hour) with Winners Ceremony (100m SF Masters, 800 m IS)

	305	50 m	IS	Women	B-Finals open
	205	50 m	IS	Women	A-Finals open
	306	50 m	IS	Men	B-Finals open
	206	50 m	IS	Men	A-Finals open

Winners Ceremony (50 m IS)

	13	200 m	SF	Women	Final Heat
	113	200 m	SF	Women	Final Heat Masters
	14	200 m	SF	Men	Final Heat
	114	200 m	SF	Men	Final Heat Masters

Winners Ceremony (200 m SF)

3rd Part of the Meeting: Saturday, June 5th, 2010
 Admittance: 02:30 pm
 Beginning: 03:30 pm

Competition	15	50 m	SF	Women	Heats
	115	50 m	SF	Women	Final Heat Masters
	16	50 m	SF	Men	Heats
	116	50 m	SF	Men	Final Heat Masters
	17	800 m	SF	Women	Final Heat
	117	800 m	SF	Women	Final Heat Masters
	18	800 m	SF	Men	Final Heat
	118	800 m	SF	Men	Final Heat Masters

Winners Ceremony (50 m SF Masters & 800 m SF)

	309	100 m	SF	Women	B-Finals open
	209	100 m	SF	Women	A-Finals open
	310	100 m	SF	Men	B-Finals open
	210	100 m	SF	Men	A-Finals open

Winners Ceremony (100 m SF)

4th Part of the Meeting: Sunday, June 6th, 2010
 Admittance: from 08:00 am
 Warming Up: 08:00 am till 09:25 am
 Meeting Team Leaders: 09:00 am
 Referee Meeting: 09:00 am
 Beginning: 09:30 am

Competition	19	400 m	SF	Women	Final Heat
	119	400 m	SF	Women	Final Heat Masters
	20	400 m	SF	Men	Final Heat
	120	400 m	SF	Men	Final Heat Masters

Break with Winners Ceremony (400 m SF)

	21	100 m	IS	Women	Final Heat
	121	100 m	IS	Women	Final Heat Masters
	22	100 m	IS	Men	Final Heat
	122	100 m	IS	Men	Final Heat Masters

Break (appr. 1 Hour) with Winners Ceremony (100 m IS)

Continuing 4th Part of the Meeting:

	315	50 m	SF	Women	B-Finals open
	215	50 m	SF	Women	A-Finals open
	316	50 m	SF	Men	B-Finals open
	216	50 m	SF	Men	A-Finals open

Winners Ceremony (50 m SF)

	23	4 x 100 m	SF	Women	Final Heat & Masters Final Heat
	24	4 x 100 m	SF	Men	Final Heat & Masters Final Heat

Winners Ceremony (4 x 100 m SF)

1. General Regulations

- The competition rules of the CMAS in their german translation by Nöll / Aptel, dated september 2004, and following extensions as well as the competition rules of the VDST, dated November 2008, are valid.
- Every club and team, which is acknowledged by the VDST and whose athletes are in possession of a VDST computer number is eligible.
- For the international ranking of the National Championships as well as the international ranking (open) of the National Championships Masters foreign teams are eligibled, if the national organisation is member of the CMAS and the competitors can show their competition pass.
- The legal agent has sign up (first and family name) the competition pass of adolescent persons under 18 years (appointed date is the 18th birthday). This regulation was agreed based on §107 of the german BGB by the section finswimming at 13th of June 1998. The competition pass is invalid and the competitor isn't authorized to take part in lack of this signature.
- The medical check has to be at most one year old. Competitors without valid medical check aren't authorized to take part.
- The meeting of the team leaders and the referee meeting take part 30 minutes before beginning of the competition. Valid competition passes of the athletes have to be handed out at the competition office before competition starts.
- Only diving equipment with valid technical inspection (must not be older than 2 years) is to be used. Please pay attention to the transport of dangerous material. It's possible to refill diving equipment on location!
- A technical check of all used snorkel and fins will take place. After passing this a start is possible.
- **Leg/Arm covering Swimsuits are not allowed**
 The prohibition is based on TR 1.10 b) „Technical Rules“, which is part of the Competition Rules of the section finswimming / VDST. Only normal swimsuits (female) and trunks (male) are admitted for competition and neither arms nor legs may covered by the swimsuit.

2. **Ranking**

- There will be a national (NC unlimited & masters) and if necessary an international (NC and Masters unlimited) ranking. Places 1 to 3 of the national ranking receive medals and documents.
- The categories for masters (single ranking) are defined in 2010 as follows:
 - Master A 1985 to 1976
 - Master B 1975 to 1966
 - Master C 1965 to 1956
 - Master D 1955 to 1946
 - Master E 1945 and older
- Relay categories masters:
 - Master I = up to 176 years (totalised age of the 4 starters)
 - Master II = 177 and older

The attendance is only in one category possible for the whole competition!

The relays are an exception. The starters of one relay can be as well as competitors, who are starting at category NC unlimited and category masters.

There will be an overall ranking of all relays and furthermore an extra ranking according to the master categories figured out above.

Please declare the category of each competitor (national championship unlimited or masters) on the start list.

Highest Score

Both, female and male athletes with the highest score of IS and FS competitions, receive a non-cash prize and a cup.

3. **Qualification for the Final (applies only for National Championships)**

- The eight fastest finswimmer of the heats take part at the A-final.
- If at least one foreign athlete is qualified for the A-final, a B-final is required.
- The athletes of the B-final, who reach a faster time than athletes in the A-final, are listed after the starters of the A-finals.
- If athletes are checked out for finals (within 30 minutes after the speaker has announced the start list of the finals) at most 3 slower athletes move up in each final.
- Announced standby starters have to check out too, if they don't want to take part.
- Qualified finswimmer, who didn't check out and didn't start at the final, will be barred for this part of competition and have to pay a fee of 25,00 Euro. This also applies for standby starters.

4. **Starting Rule**

- During the whole competition the "one-start-rule" takes effect.
- The start basically achieves from the starting block. The use of a snorkel for breathing is obligate at the competition 50 m SF.

5. **Anti-Doping**

- Doping controls can take place during the whole competition.
- Every athlete is bound to keep the anti-doping conditions of VDST and NADA. The athletes accept the anti-doping conditions with sign in and participation at the competition.
- Certifications of exemption (TUE/ATUE) have to be requested in time and carried along.
- For further information please check the websites www.vdst.de and www.nada-bonn.de.

6. **Protests**

Protests have to take place in written form within 30 minutes after announcement of the results (notice on the wall) on a deposit of 30,00 Euro at the main referee. A competition jury will be appointed at the meeting of the team leaders on the first day of competition.

7. **Application Fee**

- Standard amount each team: 15,00 Euro
- Each single start: 5,00 Euro, each relay: 10,00 Euro
- The total amount is to transfer to the following bank account or to pay in bar at the first day of competition

SC DHfK Leipzig, Abteilung Finswimming
Sparkasse Leipzig
Konto-Nr.: 11 00 05 57 77, BLZ: 860 555 92
Issue: Team + NC 2010

8. **Conscience Money**

Conscience money of 10,00 Euro will be charged:

- No Appearance at competition without checkout at the meeting of the team leaders in advance.
- If a competitor hasn't pass the limit times (chart attached), was disqualified or did abandon.
Exception: The team leader can demonstrate with the help of former results that the competitor has passed this limit time since June 4th, 2009.
- This rule doesn't applies for foreign teams.
- Finswimmer, who didn't check out for the finals and didn't start at the final, have to pay a fee of 25,00 Euro. This also applies for standby starters.

9. **Application**

Applications will be accepted in form of a Lenex-Standard-file, a completely filled in starting list or an online application. All 3 possibilities are available at <http://dm2010.flossis.de>

10. **Adress**

Thilo Brandenburg, Zum Leutzscher Holz 26, 04178 Leipzig
Tel: +49 (0)341 / 442 69 10
Fax: +49 (0)341 / 442 69 11
Email: meldung@flossis.de

11. **Deadline**

Friday, 28th of May 2010, 12:00 pm at the address above. Applications, which arrive after deadline and incomplete applications can't be accepted.
The teams receive an affirmation of the application via e-mail or fax.

12. **Results**

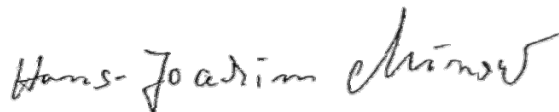
The results will be released on the homepage of the VDST and the page meeting page. Teams, who need the results on CD after the meeting, have to declare this on the application.

13. **Meeting Homepage**

Information for the competitors, starting lists, results and live web timing are available at <http://dm2010.flossis.de>



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