

# 11<sup>th</sup> CMAS WORLD CUP

## Finswimming-Pool, 29<sup>th</sup> April – 1<sup>st</sup> May 2016 Gebze (TURKEY)

**Promoter:** CMAS  
**Organizer:** Turkish Underwater Sports Federation (TSSF)  
**Date:** Friday 29<sup>th</sup> April 2016 to Sunday 1<sup>st</sup> May 2016  
**Competition Site:** Gebze Olympic Swimming Pool

### 1. DENOMINATION:

The Turkish Underwater Sports Federation – authorized by CMAS – calls upon all interested Federations and Clubs to participate in the CMAS World Cup 2016, finswimming pool race, 6<sup>th</sup> round, to be organized on the 29<sup>th</sup> of April – 1<sup>st</sup> of May in Gebze (Turkey).





## **2. PARTICIPATION RULES AND RACES:**

The competition is governed by the Finswimming Rules of CMAS, by the Finswimming Worlds Cup-Pool Rules of CMAS, that every athlete affirms to know and to follow.

Races and categories are the following:

### **Senior (Cat. A) M/F**

50m. Apnea – 100m. Immersion

50m. Surface – 100m. Surface – 200m. Surface – 400m. Surface – 800m. Surface

50m. Bifins – 100m. Bifins – 200m. Bifins

Relay: 4x100m. Surface

### **Junior (Cat. B-C-D) B/G**

50m. Apnea (not for Cat. D) – 100m. Immersion

50m. Surface – 100m. Surface – 200m. Surface – 400m. Surface – 800m. Surface

50m. Bifins – 100m. Bifins – 200m. Bifins

Relay: 4x100m. Surface

### **NOTES:**

- a- All team members of the participating countries' Federation must be affiliated to CMAS.
- b- In the CMAS Finswimming World Cup Meeting, National Federations and clubs can participate.
  - The Clubs have to send the required approvals from their National Federations affiliated to the Sport Committee and the Finswimming Commission of CMAS with the appropriate application form. (registration clubs form WC 2016.doc)
- c- The National Federations have to send the appropriate application form for the National Federations teams (registration federations form WC 2016.doc)
- d- All athletes shall have their respective CMAS licenses.
- e- For the registration at the date of 1<sup>st</sup> April 2016 the clubs have to present a list with valid CMAS sports licenses of the athletes.
- f- Each competitor can participate only on behalf of one (1) club during the year.
- g- Each competitor can take part in a maximum of three (3) individual races and one (1) relay race.
- h- Each team can enroll a maximum of two (2) swimmers for each individual race.
- i- Each team can enroll only one team for each relay race.

### **3. COMPETITION PLACE:**

The competition will take place in the Gebze Olympic Swimming Pool.

Pool Dimensions: 50m x 25m  
Number of Lanes: 10  
Type of Lines: Breaking wave lane ropes  
Water Depth: Permanent 2.00m  
Water Temperature: 25° C +/- 1°C  
Timekeeping: Electronically / Colorado Time System



### **4. FINAL ENROLMENT:**

The only valid and acceptable application form is supplied as attachment with this set of rules and must be filled duly. Final enrolment has to be delivered before **22<sup>th</sup> April 2016** at the following e-mail address: [info@tssf.gov.tr](mailto:info@tssf.gov.tr)

### **5. INSCRIPTION FEE:**

Inscription fee for the World Cup;  
For a club: 20 €  
For each distance: 7 €  
For each relay: 12 €

Fee paid for not performed races will not be reimbursed. Late enrolments maybe accepted with a fine of 100 €. Also relays must be declared with time on the enrolment form.

Bank Name: VAKIFBANK  
Account Name: TÜRKİYE SUALTI SPORLARI FEDERASYONU BASKANLIGI  
IBAN: TR65 0001 5001 5804 8000 4320 88  
Swift Code: TVBATR2A

**Note:** All payments can be made by bank transfer only.

## **6. ACCOMODATION:**

Organizers offer accommodation possibility during the competition with enrolment deadline of 1<sup>st</sup> April 2016 (Annex 2 – Preliminary Hotel Booking Form)

Full board accommodations are offered in the following hotels;

### **- Hotel 1 (Holiday Inn Gebze Istanbul Asia Hotel)**

Single Room 68 Euro (per room / per night)

Double Room 80 Euro (per room / per night)

Triple Room 100 Euro (per room / per night)

Web Site: <http://www.higebzeist.com/>

### **- Hotel 2 (Lamec Hotel Gebze)**

Single Room 60 Euro (per room / per night)

Double Room 90 Euro (per room / per night)

Triple Room 114 Euro (per room / per night)

Web Site: <http://www.lamechotel.com/>

Those athletes who do not accept one of the accommodations offered by the Organizing Committee – but arrange their accommodation by themselves are supposed to pay 30€/person as organizing fee.





## **7. TRANSFERS:**

All transfers between airport, hotel and swimming pool will be provided by Organizing Committee without any charge.

## **8. PRELIMINARY PROCEDURES:**

All sport documents of the swimmers and teams will be checked on Friday, 29<sup>th</sup> April 2016 from 15:00 to 19:00 at the swimming pool.

## **9. EQUIPMENT and BOTTLE REFILLS:**

The control of the equipment and the bottles will take place at the swimming pool.

## **10. CLASSIFICATIONS:**

Classifications will be based on times registered by the timekeepers. Results will be compiled according to CMAS score. For distance races, no finals are organized.

## **11. PRIZES:**

Individual Prizes: Medals will be given to the first three classified athletes in every individual race and every relay.

Team Prizes: Trophies will be given to the first three classified teams.

Award ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time. During ceremonies awarded athletes must wear official uniforms of their teams.

## **12. ANTI-DOPING:**

All participant athletes and teams shall accept and follow the international rules of WADA.

## **13. RESPONSIBILITY:**

Turkish Underwater Sports Federation (TSSF), CMAS, the Competition Director, Competition Officers and the Main Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.

## **14. NATIONAL FLAG and NATIONAL ANTHEM:**

Each team has to bring a national flag of their country with a size of 2m x 1m and CD with national anthem.

## **15. SPECIAL NOTES:**

The program of the World Cup can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time. Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts. Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club. Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.

## **PROGRAMME**

<b>Friday, 29<sup>th</sup> April 2016</b>	Check of Documents, Registration			<b>15:00-16:00</b>	Swimming Pool			
	Check of Equipments			<b>16:00-20:00</b>	Swimming Pool			
	Training Time			<b>16:00-20:00</b>	Swimming Pool			
	Technical Meeting with Team Leaders			<b>19:30</b>	Swimming Pool			
<b>Saturday, 30<sup>th</sup> April 2016</b>	<b>Morning Session</b>				<b>Afternoon Session</b>			
	<b>Warming Up</b>		07:30-08:45		<b>Warming Up</b>		14:00-14:45	
	<b>Opening Ceremony</b>		09:00		<b>Start</b>		15:00	
	<b>Start</b>		09:30					
	<b>01</b>	50m. Apnea	Girls	Cat. B-C	<b>01</b>	50m. Bifins	Girls	Cat. B-C-D
	<b>02</b>	50m. Apnea	Boys	Cat. B-C	<b>02</b>	50m. Bifins	Boys	Cat. B-C-D
	<b>03</b>	50m. Apnea	Women	Cat. A	<b>03</b>	50m. Bifins	Women	Cat. A
	<b>04</b>	50m. Apnea	Men	Cat. A	<b>04</b>	50m. Bifins	Men	Cat. A
	<b>Medal Ceremony</b>		<b>50m. Apnea G/B</b>		<b>Medal Ceremony</b>		<b>50m. Bifins G/B</b>	
	<b>05</b>	800m. Surface	Girls	Cat. B-C-D	<b>05</b>	200m. Surface	Girls	Cat. B-C-D
	<b>06</b>	800m. Surface	Boys	Cat. B-C-D	<b>06</b>	200m. Surface	Boys	Cat. B-C-D
	<b>Medal Ceremony</b>		<b>50m. Apnea W/M</b>		<b>Medal Ceremony</b>		<b>50m. Bifins W/M</b>	
	<b>07</b>	800m. Surface	Women	Cat. A	<b>07</b>	200m. Surface	Women	Cat. A
	<b>08</b>	800m. Surface	Men	Cat. A	<b>08</b>	200m. Surface	Men	Cat. A
	<b>Medal Ceremony</b>		<b>800m. Surface G/B</b>		<b>Medal Ceremony</b>		<b>200m. Surface G/B</b>	
	<b>Medal Ceremony</b>		<b>800m. Surface W/M</b>		<b>09</b>	100m. Immersion	Girls	Cat. B-C-D
					<b>10</b>	100m. Immersion	Boys	Cat. B-C-D
					<b>Medal Ceremony</b>		<b>200m. Surface W/M</b>	
					<b>11</b>	100m. Immersion	Women	Cat. A
					<b>12</b>	100m. Immersion	Men	Cat. A
				<b>Medal Ceremony</b>		<b>100m. Immersion G/B</b>		
				<b>Medal Ceremony</b>		<b>100m. Immersion W/M</b>		
<b>Sunday, 1<sup>st</sup> May 2016</b>	<b>Morning Session</b>				<b>Afternoon Session</b>			
	<b>Warming Up</b>		07:30-08:45		<b>Warming Up</b>		14:00-14:45	
	<b>Start</b>		09:30		<b>Start</b>		15:00	
					<b>Closing and Award Ceremony</b>		19:00	
	<b>13</b>	100m. Bifins	Girls	Cat. B-C-D	<b>25</b>	50m. Surface	Girls	Cat. B-C-D
	<b>14</b>	100m. Bifins	Boys	Cat. B-C-D	<b>26</b>	50m. Surface	Boys	Cat. B-C-D
	<b>15</b>	100m. Bifins	Women	Cat. A	<b>27</b>	50m. Surface	Women	Cat. A
	<b>16</b>	100m. Bifins	Men	Cat. A	<b>28</b>	50m. Surface	Men	Cat. A
	<b>Medal Ceremony</b>		<b>100m. Bifins G/B</b>		<b>Medal Ceremony</b>		<b>50m. Surface G/B</b>	
	<b>17</b>	100m. Surface	Girls	Cat. B-C-D	<b>29</b>	200m. Bifins	Girls	Cat. B-C-D
	<b>18</b>	100m. Surface	Boys	Cat. B-C-D	<b>30</b>	200m. Bifins	Boys	Cat. B-C-D
	<b>Medal Ceremony</b>		<b>100m. Bifins W/M</b>		<b>Medal Ceremony</b>		<b>50m. Surface W/M</b>	
	<b>19</b>	100m. Surface	Women	Cat. A	<b>31</b>	200m. Bifins	Women	Cat. A
	<b>20</b>	100m. Surface	Men	Cat. A	<b>32</b>	200m. Bifins	Men	Cat. A
	<b>Medal Ceremony</b>		<b>100m. Surface G/B</b>		<b>Medal Ceremony</b>		<b>200m. Bifins G/B</b>	
	<b>21</b>	400m. Surface	Girls	Cat. B-C-D	<b>33</b>	4x100m. Relay	Girls	Cat. B-C-D
	<b>22</b>	400m. Surface	Boys	Cat. B-C-D	<b>34</b>	4x100m. Relay	Boys	Cat. B-C-D
	<b>Medal Ceremony</b>		<b>100m. Surface W/M</b>		<b>Medal Ceremony</b>		<b>200m. Bifins W/M</b>	
	<b>23</b>	400m. Surface	Women	Cat. A	<b>35</b>	4x100m. Relay	Women	Cat. A
	<b>24</b>	400m. Surface	Men	Cat. A	<b>36</b>	4x100m. Relay	Men	Cat. A
<b>Medal Ceremony</b>		<b>400m. Surface G/B</b>		<b>Medal Ceremony</b>		<b>4x100m. Relay G/B</b>		
<b>Medal Ceremony</b>		<b>400m. Surface W/M</b>		<b>Medal Ceremony</b>		<b>4x100m. Relay W/M</b>		



### **17. DEADLINES:**

Preliminary Entry: 1<sup>st</sup> April 2016 (CMAS Registration Form and Annex 1-2)

Final Entry: 22<sup>th</sup> April 2016 (Annex 3-4-5)

### **18. CONTACTS:**

#### **Organization Responsibles**

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