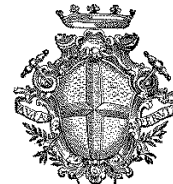


Patrocinio della
Provincia
di Modena



Patrocinio del
Comune di Modena
Settore Sport

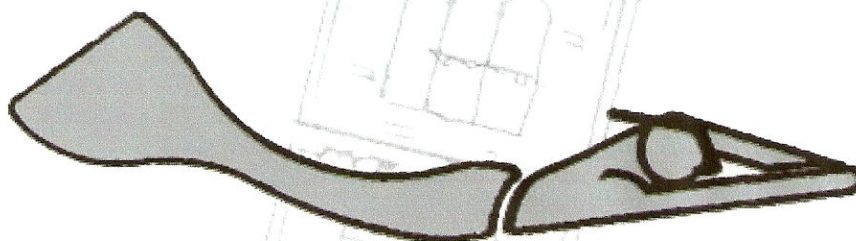


TROFEO INTERNAZIONALE GHIRLANDINA 2019

International Finswimming Competition

Saturday, 25th to
Sunday, 26th May 2019

Swimming pool
Dogali - Modena



CMAS
CONFÉDÉRATION MONDIALE
DES ACTIVITÉS SUBAQUATIQUES
WORLD UNDERWATER FEDERATION

MODENA – Saturday, 25th to Sunday, 26th May 2019

TROFEO INTERNAZIONALE GHIRLANDINA 2019

International Finswimming Competition

SUPPLEMENTARY REGULATIONS

> 1- PARTECIPATION RULES AND RACES:

The competition, in accordance with the C.M.A.S. Finswimming Rules and this Supplementary Regulations, accepted from all the participants, includes the following races and categories:

SENIOR (Cat. "A" year 2001 and older) - F/M:

50m sf - 50m bf - 50m apnea - 100m sf - 100m bf - 100m im - 200m sf - 200m bf - 400m sf - 400m bf - 400m im
800m sf - 1500m sf - Relay 4x50bf - Relay 4x100sf

JUNIOR (Cat. "B, C, D" years 2002-2007) - G/B:

50m sf - 50m bf - 50m apnea - 100m sf - 100m bf - 200m sf - 200m bf
Relay 4x100sf (Cat.B) - Relay 4x100sf (Cat.C) - Relay 4x100sf (Cat.D)

CATEGORY E (years 2008-2011) - F/M:

50m bf - 100m bf - 100m power monofin (year 2008-09) - Relay 4x50bf (years 2008-09) - Relay 4x50bf (years 2010-11)

Swimming style: sf=surface; im=immersion; bf=bifins

Each club must be associated by a National Federation recognized by C.M.A.S. and each competitor must have the **CMAS International Licence**.

There's no limit to participate to individual races, but each competitor will be allowed to take only (1) relay for style; allowed more male and female relays for club and category.

Distances 1500m. and 800m. are reserved to the style finswimming exclusively with the use of the monofin.

> 2- ENROLMENTS

The enrolments must be done only fill in the attached form and sent it **before Thursday 16th May 2019** to: **A.S.D. Nuoto Sub Modena Bruno Loschi – Via IV Novembre, No.40/D - 41123 Modena**, by fax **+39(0)59219812**, or e-mail: pinnato@brunoloschi.it

For each team are required the name, surname and telephone number of one of the team manager.

Inscription fees are **€10,00** for each club, **€4,00** for each distance, and **€12,00** for each relay race.

The matches not played will not be refunded.

Payment must be made by direct bank transfer:

ACCOUNT: **A.S.D. Nuoto Sub Modena Bruno Loschi**
BANK: **UniCredit Banca – Agenzia Modena Corassori**
EU IBAN: **IT13A020081290700002906824** BIC: **UNCRTB1N07**
Reason: "Club Name – Share inscription races Trofeo Internazionale Ghirlandina 2019"
IMPORTANT. Enrolment will be accepted only when accompanied by bank transfer receipt sent by fax to +39(0)59219812, or mail: pinnato@brunoloschi.it.

IMPORTANT: The event will be filmed by television and a photographer will take pictures during the various moments of the competition. Sunday 26th May, at the end of the event, close to the swimming pool, there'll be a traditional lunch called "Ghirlandina's Barbecue" (also guaranteed in the adjacent indoor place in case of bad weather). Open to all, obligatory booking (inserting the number of the participants in the registration's form).

Information: tel.+393382685876, Mr. Davide Brighetti.

> 3- COMPETITION PLACE and PRELIMINARY PROCEDURES

The Competition will be held in county swimming pool "Dogali", Via Dogali No.17 Modena, tel. +39(0)59217525, (close to the Braglia's Football Stadium).

The Olympic open swimming pool is 50m, with nr.8 lines, deep from 1,40 to 3.70m.

All sport documents of the swimmers will be checked on Saturday 25th May from 8:00am at the swimming-pool. The races will start on 8:45am both on Saturday and on Sunday morning; warm up will be from 8:00am to 8:30am (50m all categories, 25m only category E). On Saturday afternoon the races will start on 3.45pm and the warm up will be from 3:00pm to 3:30pm.

It will be available in the system by the indoor pool 25m for warm up: on Sunday from 8:00am to 8:30am only category E.

On Sunday morning before the starting session of races is planned the "Athletes of category E Parade".

All athletes invited to parade must wear their team uniform.

The end of the competition is expected to be on Sunday at 1:00pm.

➤ **4- RACES JUDGES AND TIMING REGISTRATION**

The competition will be directed by the judges of F.I.P.S.A.S. Federation.
Timekeepers with electronic systems are from Federazione Italiana Cronometristi (F.I.Cr.) of Modena.

➤ **5- STARTS**

The enrolment times will be used to define the starting lines. The athletes will have to remain at complete disposal of the Starting Judge, with his/her complete equipment, at least ten minutes before the race starts.

➤ **6- EQUIPMENT AND BOTTLE REFILLS**

The equipment, including bifins, monofins, snorkel and bottles, must respect C.M.A.S. regulation.
Bottles without homologation will not be accepted.
All bottles used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local registration;
Bottles' recharge could be done on Saturday and on Sunday. But all the bottles, including those used for warm-up, must be delivered before 8:30am for the races of Saturday and Sunday morning. Swimming caps are obligatory.

➤ **7- RANKING**

The classification both for individual races and for relay races will be done on the basis of each report and of the R.G.N. regulation. The competition's rank will be determined by race times. There will be no final.

➤ **8- AWARDS**

Medals will be given to the first, second and third classified for each individual race and relay race. Prizes will be given to the best competitor for categories men, women, boys and girls and to the youngest athlete of the event. In distances 1500sf, 800sf, 400sf, 400bf, 400im, 100im, 4x50bf will be awarded only Cat.A. Cups will be given to each club. The award ceremony will take place during the event. The athletes must remain available for awards and **each athlete MUST WEAR his TEAM UNIFORM.**

➤ **9- SPECIAL NOTES**

F.I.P.S.A.S, A.S.D. Nuoto Sub Modena Bruno Loschi, the Competition Director, the Competition Officers and Judge
Director are not responsible for accidents or damage caused to people and thing, before, during or after the competition.
The organizer shall ensure the presence of medical assistance.
The present regulation and program could be modified by the organization club.
Like C.M.A.S. regulation, the athletes that will not be respectful to the organization, the judges, other athletes and the place of the event, will be immediately disqualified.
Each team will be completely liable of their athlete's behaviour during the event.

The organization club
A.S.D. Nuoto Sub Modena Bruno Loschi
Via IV Novembre 40/D – tel/fax.+39(0)59219812
e-mail: pinnato@brunoloschi.it

PROGRAM RACES

Saturday morning – 25th May

08:00 – 08:30 am - Warm-up -
08:45 am - Start races -
1500m sf
50m bf
50m sf
400m im
200m bf
200m sf
12:30 - Lunch -

Saturday afternoon – 25th May

03:00 – 03:30 pm - Warm-up -
03:45 pm - Start races -
400m bf
50m apnea
800m sf
100m bf
100m sf
Relay 4x50bf



12:30 - Lunch with SPORTING menù to € 10.00 each
expected in the area adjacent to the Registered Office Bruno Loschi m.400 from the pool to see the map;
will be guaranteed even in bad weather in the covered area adjacent.
Obligation Reservation: possibility to reserve tables in groups.

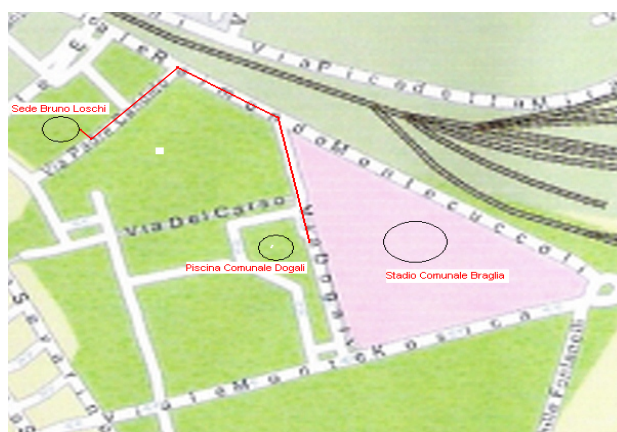


Sunday morning – 26th May

- 08:00 – 08:30 am- Warm-up: pool 50m only categories A, B, C, D -
08:00 – 08:30 am- Warm-up: pool 25m only category E -
08:45 am - Unthread athletes category E in social uniform -
09:10 am - Start races -
50m bf Cat.E
400m sf
100m power monofin Cat.E (year 2008-09)
100m bf Cat.E
100m im
Relay 4x100sf Cat.D (years 2006-07)
Relay 4x100sf Cat.C (years 2004-05)
Relay 4x100sf Cat.B (years 2002-03)
Relay 4x100sf Cat.A
Relay 4x50bf Cat.E (years 2008-09)
Relay 4x50bf Cat.E (years 2010-11)
01:00 pm - Closing Ceremony –



**13:00 - GHIRLANDINA'S BARBECUE. Traditional menù to € 12.00 each, planned in the area adjacent to the Registered Office Bruno Loschi m.400 from the pool to see the map;
will be guaranteed even in bad weather in the covered area adjacent.
Obligation Reservation: possibility to reserve tables in groups.**



Special promotion Saturday 25th, to Sunday 26th May 2019

Bed and breakfast

Special promotion: **HOTEL EDEN** (to 4km from the swimming pool)
Via Emilia Ovest, No.666 (to 3Km outside Highway exit Modena Nord, in the direction centre of the city)
To book require the “**Special Promotion Bruno Loschi 2019**” bed and breakfast:
- single room €50,00 - double room €65,00 - triple room €85,00
- Info: www.hoteledenmodena.it - e-mail: info@hoteledenmodena.it
tel.+39(0)59335660, fax.+39(0)59820108, Mr. Andrea.

Special promotion: **LA CORTE DEI SOGNI** (6km away from the swimming pool, 8km Highway Modena Sud) - Stradello Romano, No. 8 (side street Via Emilia Est, location Fossalta).
To book require the “**Special Promotion Bruno Loschi 2019**” bed and breakfast:
- single room €80,00 - double room €90,00 - triple room €150,00 - quad room €180,00
- Info: www.lacortedeisogni.it - e-mail: info@lacortedeisogni.it
tel.+39(0)59283138, Mr. Andrea.

Lunch

Only Saturday, 25th May for lunch: Registered Office Bruno Loschi, Via IV Novembre 40/D, walk 400m from the pool.

Reservation required for groups.

Info: e-mail: pinnato@brunoloschi.it – tel.+393382685876, Mr.Davide Brighetti

SPORTING MENU' to €10,00 each (inclusive only water drink):

Lunch

- Pasta with tomato
- meat
- vegetables
- water and beverages

Only Sunday, 26th May for lunch: Registered Office Bruno Loschi, Via IV Novembre 40/D, walk 400m from the pool.

Reservation required for groups.

Info: e-mail: pinnato@brunoloschi.it – tel.+393382685876, Mr. Davide Brighetti

Traditional MENU' to €12,00 each:

Ghirlandina's Barbecue

- pasta with meat
- grilled meat
- vegetables
- water and beverages
- cake

