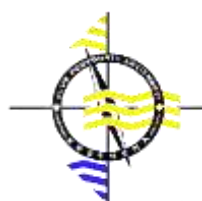


**Croatian Diving Federation and  
Diving Club Kostrena** are organizing

## **27<sup>th</sup> Croatian Open Individual Finswimming Championship** for Juniors and Seniors

**Rijeka, May 04<sup>th</sup> & 05<sup>th</sup> 2019**



# PROPOSITIONS

## 1. VENUE

The competition will take place at Bazeni Kantrida swimming pool, located in Rijeka (Croatia), street Podkoludricu 2. The swimming pool is 50 m long, 2.25 m deep, with 10 lanes. It will be equipped with electronic time-keeping tables.

## 2. CONDITIONS OF ENTRY AND PARTICIPATION

Only individuals and teams from clubs members of federations affiliated to CMAS have the right to participate. For the registration, participants have to submit the following:

1. Medical certificate, not older than 6 months
2. Statement of responsibility, signed
3. CMAS Scuba diver certificate (minimal R1 level), for immersion only
4. Confirmation of entry fee

## 3. ENTRIES

Entry list with competitor times by discipline should be sent by e-mail to; [kpa-kostrena.hr](mailto:kpa-kostrena.hr)

**Final entry deadline is April 20<sup>th</sup> 2019.**

Start list will be published on [www.kpa-kostrena.hr](http://www.kpa-kostrena.hr) from April 27<sup>th</sup> 2019

For further information please contact us by e-mail [joso.bilic1@gmail.com](mailto:joso.bilic1@gmail.com)

## ENTRY FEE

The entry fee is 15 € for each participant and it's payable at competition site in cash.

## 5. CATEGORIES

The competition is valid as a Croatian Individual Championship for junior (C and B) and senior (A) category, both male and female. The number of competitors in the team is not limited, as in any particular discipline. The number of individual races is limited to 6, excluding relays.

Participants who are not Croatian citizens compete in the absolute category only.

## **6. AWARDS**

The best three Croatian competitors of each discipline in the junior (C and B) and senior (A) category will be awarded with medals.

The best three competitors of each individual discipline in the international competition and the absolute category will also be awarded with medals. The best three relays in the international competition and the absolute category will be awarded with diplomas.

## **7. START**

Starting lists may be changed at discretion by the organizer during the event. Both preliminary and final start lists will be published on [www.kpa-kostrena.hr](http://www.kpa-kostrena.hr)

## **8. COMPLAINTS**

Complaints should be written and addressed to the main judge no more than 30 minutes after the fact. With every complaint 30 € must be paid in advance – this amount will be refunded in case of positive solution, otherwise the amount will be kept by the organizer.

## **9. RESPONSIBILITY**

Croatian Diving Federation (HRS) and Diving club Kostrena as organizers of the competition aren't responsible for any damage consequent this competition. Each competitor will take part at his own risk as stated and signed in the Statement of responsibility.

## **10. EQUIPMENT**

Compressed air cylinder (bottle) used for immersion must have a valid certificate, comply CMAS regulations and fulfill DIN and INT standards. The pressure may be up to 200 bars, with a minimal capacity of 0.5 liters.

## **11. RULES**

Competition will be held upon the official CMAS and Croatian Diving Federation (HRS) Finswimming rules.

# PROGRAM

## Saturday, May 04<sup>th</sup> 2019 morning

8:00	Arrival and registration
8:15	Warm up
9:00	50 m surface finswimming women/men 4 x 50 m bifins women/men 800 m surface finswimming women/men 100 m immersion women 100 m bifins men/women 100 m immersion men 4 x 200 m surface finswimming women/men
12:00	Victory ceremony and prize award
12:30	Lunch*

### \*LUNCH AT THE COMPETITION VENUE

On May 04<sup>th</sup> lunch will be organized at the competition venue at a price of 5 €. It has to be ordered with the application of entry list, until April 27<sup>th</sup> 2019. Payment is made at registration, together with the payment of the entry fee.

## **Saturday, May 04th 2019 afternoon**

- 14:00      Opening ceremony
- 14:20      Warm up
- 15:00      50 m apnea women/men  
400 m bifins women/men  
800 m immersion women  
100 m surface finswimming men/women  
800 m immersion men  
400 m surface finswimming men/women  
4 x 50 m surface finswimming women/men
- 18:00      Victory ceremony and prize award

## **Sunday, May 05th 2019 morning**

- 9:15      Warm up
- 10:00      50 m bifins women/men  
4 x 100 m surface finswimming women/men  
400 m immersion women  
200 m surface finswimming men/women  
400 m immersion men  
200 m bifins women/men  
1500 m surface finswimming men/women  
4 x 50 m bifins women/men
- 13:30      Victory ceremony and prize award

# TAKE A DIVE IN THE KVARNER BAY!

**Take the opportunity to dive and explore the underwater of the Kvarner Bay** in the Marco Polo Diving Centre at the price of 30 € per person!

The price includes diving equipment rental as well as a professional instructor for those who do not have the experience of diving alone.

The Marco Polo Diving Centre is located at the competition venue – Bazeni Kantrida swimming pools. If you are interested, please register in advance at [kpa-kostrena.hr](http://kpa-kostrena.hr)