



## Open Dutch Finswimming Championship 2019

**22 and 23 June 2019**

Promoter: NOB.

Pieter van den Hoogenband Swimmstadium  
National Swimming Centre De Tongelreep  
Antoon Coolenlaan 1  
5644 RX Eindhoven  
The Netherlands

E-mail: [nkvinzwemmen@yahoo.com](mailto:nkvinzwemmen@yahoo.com)



### **Invitation**

Dear finswimmers,

On behalf of the Dutch association for underwater sports (NOB) it is my pleasure to invite you to the Dutch Open Finswimming Championship 2019 on 22 and 23 June 2019, which will take place in the Pieter van den Hoogenband Swimming Stadium in Eindhoven.

This year we organize this tournament for the 43st time in the Pieter van den Hoogenband Swimming Stadium. A tournament where all fin swimmers, including young children and veterans, can participate, not only from the Netherlands but also from other countries. Last year we received about 150 swimmers and we hope we will reach the same number this year.

Not only good performances are important. We also hope that exchanging experiences and meeting each other will play a central role.

With lots of enthusiasm, we expect to realise a big, sportive and high quality tournament.

We hope to welcome you in Eindhoven with a great many participants.

Karin and Femma Neehus  
Organizer Dutch Open Finswimming Championship 2019  
commissioned by NOB vinzwemcommissie

**\* Reminder: also foreign associations are, without competition, invited to participate in the Dutch Finswimming competition.**

**\*\* Please send this invitation to other associations.**



**Pool facilities:**

Pool measurements: 50 mtr.  
Number of lanes: 8-10  
Type of lines: Wave breaking Separation Lines  
Depth: 3,00 mtr.  
Water temperature: 26,5° C.  
Timekeeping: Electronic

**Order of Competition Saturday 22 June 2019**

Start: 11:45 AM Warming up 10:30 - 11:15 AM  
Teamleaders meeting: 10:45 AM Opening ceremonie: 11:30 AM  
Estimated end time: 4:15 PM

PROGRAM	DISTANCE	WOMEN/ MEN	CATEGORIE
01	50 m FS	Women	E, D, C, B, A, M, V
02	50 m FS	Men	E, D, C, B, A, M, V
03	800 m FS	Women	D, C, B, A, M, V
04	800 m FS	Men	D, C, B, A, M, V
05	800 m IM	Women	C, B, A, M, V
06	800 m IM	Men	C, B, A, M, V
07	100 m BF	Women	E, D, C, B, A, M, V
08	100 m BF	Men	E, D, C, B, A, M, V
Break			
09	50 m BF	Women	E, D, C, B, A, M, V
10	50 m BF	Men	E, D, C, B, A, M, V
11	400 m FS	Women	E, D, C, B, A, M, V
12	400 m FS	Men	E, D, C, B, A, M, V
13	400 m IM	Women	D, C, B, A, M, V
14	400 m IM	Men	D, C, B, A, M, V
Break			
15	4x100 m FS	Women	E, D, C, B, A, M, V
16	4x100 m FS	Men	E, D, C, B, A, M, V
17	4x100 m BF	Mixed	E, D, C, B, A, M, V

A swimmer may register at 1 of the relay distances.



### **Order of Competition Sunday 23 June 2019**

*Start:* 11:15 AM *Warming up* 10:30 - 11:15 AM  
*Teamleaders meeting:* 10:30 AM  
*Estimated end time:* 4:00 PM

PROGRAM	DISTANCE	WOMEN/ MEN	CATEGORIE
18	50 m AP	Women	C, B, A, M, V
19	50 m AP	Men	C, B, A, M, V
20	1500 m FS	Women	C, B, A, M, V
21	1500 m FS	Men	C, B, A, M, V
22	200 m BF	Women	E, D, C, B, A, M, V
23	200 m BF	Men	E, D, C, B, A, M, V
Break			
24	100 m FS	Women	E, D, C, B, A, M, V
25	100 m FS	Men	E, D, C, B, A, M, V
26	400 m BF	Women	E, D, C, B, A, M, V
27	400 m BF	Men	E, D, C, B, A, M, V
28	100 m IM	Women	D, C, B, A, M, V
29	100 m IM	Men	D, C, B, A, M, V
30	200 m FS	Women	E, D, C, B, A, M, V
31	200 m FS	Men	E, D, C, B, A, M, V
Break			
32	4x50 m AP	Women	C, B, A, M, V
33	4x50 m AP	Men	C, B, A, M, V
34	4x50 m FS	Women	E, D, C, B, A, M, V
35	4x50 m FS	Men	E, D, C, B, A, M, V

A swimmer may register at 1 of the relay distances.

- Participation is at own risk. Promoter, organiser and host reject any liability



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## **Rules**

Participation in this contest is at your own risk. The organizer and the owner of the pool decline all responsibility, insofar as there exists no insurance protection.

The international regulations of the CMAS (2019/01, valid from 01-26-2019) and the contest rules from the NOB from 2015 are valid. Swimming clubs acknowledged by the NOB can take part in this competition. Foreign athletes must be in possession of an international CMAS-licence. This licence has to be valid on the day of the competition and must be shown to the organizers. Before the start of the competition, the documents of the athletes will be checked at the official's desk.

Each competitor must have had a sports examination within the last 12 months. Competitors without a certificate of this examination cannot participate in the competition.

In case of many applications for the 800FS, 800IM and 1500FS the organization reserves the right to register only the swimmers with the best entry time.

The Dutch organizations are obliged to provide a volunteer for every 5 participants for both competition days. We request you to use the volunteer form, which we enclose with the application form. To foreign organizations, we request to indicate if a timer can be made available.

For every association a contact person and his / her contact details is required, who should be announced prior to the competition at the jury secretariat, and will be accessible during the games. This person is the contact person for the jury when it comes to questions, complaints and other issues during the games.

It is our wish to keep the Finswimming clean, so we ask each team to sign a statement. Herewith the team leader declares that his or her team does not use doping.

## **Dutch Championship**

During the Dutch championship in each category the places 1, 2 and 3 among the Dutch swimmers are rewarded with a medal.

Every participant receives a digital certificate via the contact person with the swim results.

## **One Start Rule**

There will be only one start. An early start will be disqualified, except when the starting device is failing. The final decision is always made by the referees. Participants who move before the start signal, or otherwise provoke the starting procedure, will be disqualified.



Categories:

Category E	2008 and younger
Category D	2006-2007
Category C	2004-2005
Category B	2002-2003
Category A	1985-2001
Category M	1970-1984
Category V	1969 and older

\* If there are participants from different categories in a relay team, the highest category will apply.

(Except for a V, this will count as an A.) Exception: On request a V may choose to swim with the A's.

\*\* Regarding relay team: teams consist either of ladies or of gentlemen. Barring mixed teams, these consist of 2 ladies and 2 gentlemen. The relay team may have swimmers of different associations but they must have the same nationality.

It is possible to refill your bottles with compressed air during the match (€ 0,50).

**Protest (complaints)**

Any protests (complaints) must be turned in, in writing, within 30 minutes after release of the results. Protest fee € 50, 00. In case of granting there will be a refund.

Other protests regarding the contest should be made known to the tournament director or the Presidency camp right before the end of the match.

**Admittance**

Associations can register by mail until Friday 31 May 2019, stating the number of swimmers.

Definite application at the latest on June 14 2019 before 18:00 p.m..

Registration only by e-mail: [nkvinzwemmen@yahoo.com](mailto:nkvinzwemmen@yahoo.com) with the enclosed registration form.

\* After the registration date it is not allowed to add distances.

**Application Fee per athlete:**

€ 40,00 for two days, regardless of the number of swim distances

€ 25,00 for one day, regardless of the number of swim distances

€ 5,00 per relay, if no other distances are swum



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We request you to transfer the registration fee before Thursday June 20, 2019 to bank account NL17INGB0004972516, BIC: INGBNL2A attn. E. Neehus, in Vinkeveen, stating the association and the number of participants. It is not possible to pay the registration fee in cash or by check. If the registration fee for the competition has not yet been paid, there is a possibility to pay this by pin payment.

If the registration fee for the competition is not paid, the swimmers may not start and a penalty of € 25 above the registration fee will be charged.

#### **Saturday evening meal**

There is a possibility to participate in the meal at *Baannul*, on the Saturday evening after the competition. This restaurant is located at the entrance of *de Tongelreep*.

The cost for this meal is 12.50 per person and must be communicated by email before June 18.

You will receive an invoice for the meal. We request that you transfer this amount before June 20.

You will receive the vouchers when the team signs up for the competition.

**Cafeteria:** beside the swimmingpool you will find *Grand Café Baannul*.

#### **Photos and video recordings**

Photos and video recordings will be made during the competition. These photos and videos will be posted on [nkvinzwemmen.nl](http://nkvinzwemmen.nl) and Youtube. If there is an objection to taking photos, please inform the organization in advance.

#### **Organisation**

The competition is organized by Karin and Femma Neehus in accordance of the NOB vinzwemcommissie

**For questions: [nkvinzwemmen@yahoo.com](mailto:nkvinzwemmen@yahoo.com)**



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