



**Invitation**  
CSB, Club Sauvétage Bastogne and Belgium French  
Lifesaving league are happy to invite you at



## **MEMORIAL PATRICK SASTRE / JEAN BERNARD DUPONT**

**Finswimming and lifesaving competition  
at Charleroi (BE), sunday 17th november 2019.**

Dear clubs,  
Dear swimmers,  
Dear finswimmers,

It's time to launch a new sporty season. This time, due to the Seraing swimming pool's maintenance, Memorial Patrick Sastre Jean Bernard Dupont competition will held on **sunday 17 november 2019** at **Helios, Charleroi** city 50 m swimming pool.

### **PRACTICAL INFORMATION**

**Place :** **CHARLEROI (Helios) swimming pool**  
Rue de Montigny 103  
6000 Charleroi  
Belgium

**Swimming pool :** 1 x 50 m lenght  
8 lanes  
Manual timekeeping

### **PARTICIPATION**

**Condition of participation :** Be invited  
Be licensed LIFRAS or FFESSM or CMAS or any other national  
finswimming federation or to be licensed Belgium French LFBS  
Lifesaving races are limited to Belgium French LFBS licensed swimmer

**Fees :** **12 €/swimmers**

**Registration :** **Before 11th november 2019**

Registration form  
is on a separate file,  
attached to this email

**FINSWIMMING RACES :** Burak Basturk  
CSB / Club Sauvétage Bastogne  
Info : +32 86 21 46 06 - Mobile: +32 494 467 917  
Email: [nap@sauvetagebastogne.be](mailto:nap@sauvetagebastogne.be)

**LIFESAVING RACES :** Denis Ulweling  
Ligue Francophone Belge de Sauvétage (LFBS)  
Info : +32 479 45 69 23  
Email: [d.ulweling@lfbs.org](mailto:d.ulweling@lfbs.org)

**Timekeeping :** Provide a club timekeeper from 3 registered swimmers and 2  
timekeepers from 8 swimmers

## **ACCOMMODATION**

We propose you an accommodation in Youth Hotel of Charleroi which have been refreshed recently with a quality services. Breakfast are included in the offer. This accommodation is located at 10 minutes by foot from the swimming pool.

**Double room : 35 €/pers.**

**Quadruple room : 20 €/pers.**

A 3-course sports meal is proposed on Saturday evening 16/11/2019 at the price of 15 € / pers and a lunch at 5 € / person for Sunday lunch.

In order to guarantee the availability of the accommodation, we ask you to book before 1 November 2019.

A booking form is available as an attachment to this email.

## **RULES**

The CMAS regulation will apply to all medley races.

The LFBS regulation will apply to all rescue races.

## **ATTEMPT TO RECORDS**

Please announce as soon as possible the attempts at regional and national records in order to foresee the sufficient number of timekeepers.

## **FINSWIMMING CATEGORIES**

11 years and less	Cat. E	2008 and +
12-13 years	Cat. D	2007 and 2006
14-15 years	Cat. C	2005 and 2004
16-17 years	Cat. B	2003 and 2002
18-28 years	Cat. A	2001 to 1991
29-34 years	Cat. V0	1990 to 1985
35-44 years	Cat. V1	1984 to 1975
45-54 years	Cat. V2	1974 to 1965
54 and +	Cat. V3	1964 and +