



INTERNATIONAL
FINSWIMMING
8 - 13 January 2020 CAMP
TUNIS, EZZAHRA TOWN 

MEET NEW CULTURES, CHALLENGE YOURSELF, SWIM FASTER

**50m POOL, 6 lanes,
7 training session of 2 hours**

Technical director:   RUBES LEVADA

Logistics:  MERIEM BEN HAJ REMDHANE

Assistant:  SVETLANA GANZHA

€350
PER PERSON

SPACE IS LIMITED, REGISTER EARLY

facebook page *HOMY events*
homyevents@hotmail.com

TUNIS CITY

Tunis is the capital and the largest city of Tunisia. The greater metropolitan area of Tunis, often referred to as Grand Tunis, has some 2,700,000 inhabitants.



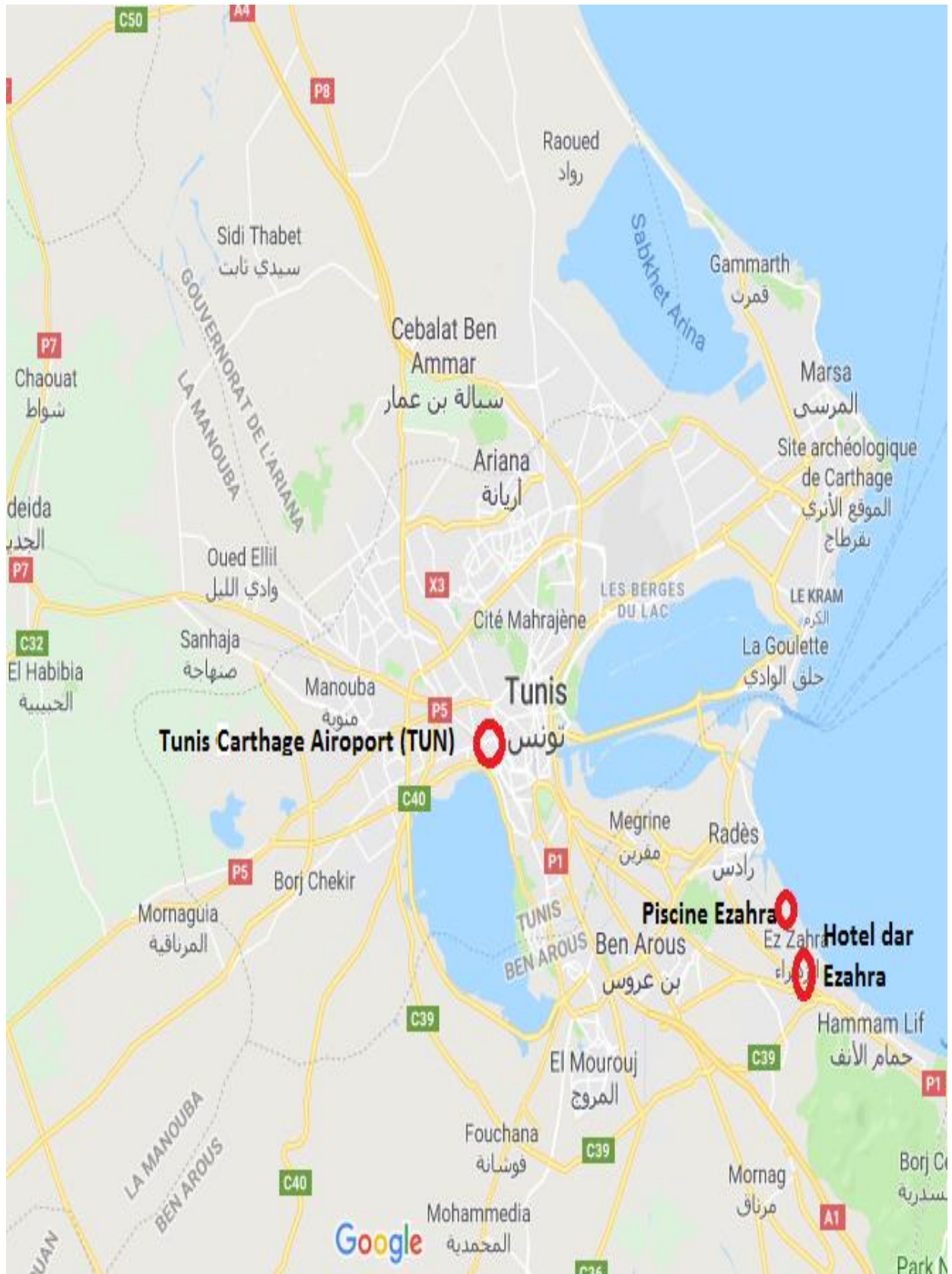
Situated on a large Mediterranean Sea gulf (the Gulf of Tunis), behind the Lake of Tunis and the port of La Goulette, the city extends along the coastal plain and the hills that surround it. At its core lies its ancient medina, a World Heritage Site. East of the medina through the Sea Gate begins the modern city, or Ville Nouvelle, traversed by the grand Avenue Habib Bourguiba,



Where the colonial-era buildings provide a clear contrast to smaller, older structures. Further east by the sea lie the suburbs of Carthage, La Marsa, and Sidi Bou Said. As the capital city of the country, Tunis is the focus of Tunisian political and administrative life; it is also the centre of the country's commercial and cultural activities.



MAP OF TUNIS CITY



SWIMMING POOL



This swimming Pool with capacity of 300 spectators.

The swimming pool is a 50metres and 8 lanes pool with depth 2metres and overage temperature 28+ 1°C.

The complex also includes two groups of dressing rooms. Each group has adequate space for 100 persons with: showers-toilets and rest room.

The Distance Between swimming pool and Hotel accommodation is just 1km: 2minutes by car and 10minutes walking.



HOTEL ACCOMMODATION



The Hotel Ezzahra Dar Tunis is a four stars hotel.

This hotel is less than 2 minutes of swimming pool and less than 25 minutes from the international airport.

The wireless internet is free .The air condition of guest rooms and comfortable and equipped with a mini bar, a private bathroom and satellite TV.

In each room you will find an iron, a refrigerator and a telephone.



YOU ARE WELCOME

PARTICIPATION

The international finswimming camp will be open for all categories and levels.

The international finswimming camp will be supervised by 3 coaches, each coach his own group by level -speciality and age category.

The participation in international finswimming Camp can be individually or with team.

TECHNICAL STAFF

LEVADA RUBES: Technical Director

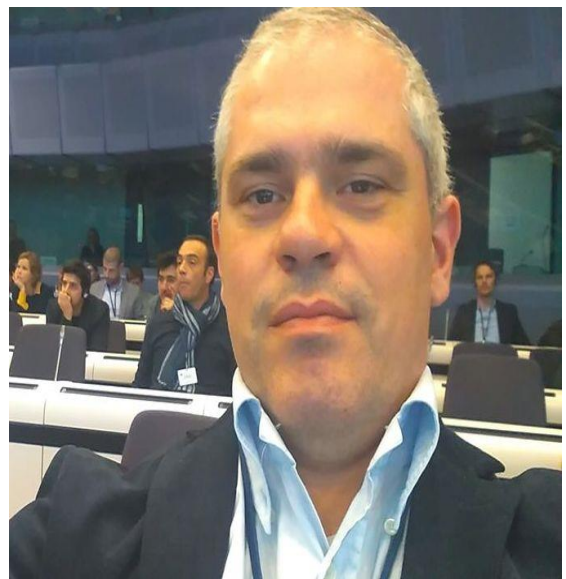
Born 3rd October 1978-Bologna (Italy)

3rd degree finswimming coach by the Italian underwater federation

2001-2006 Finswimming coach for under 13years old for Record Team Bologna (Italy)

2007-2009: Finswimming coach for diving club Geronimo (Croatia)

Since 2009 : Professional finswimming coach for Zagreb Diving Federation



- Kristijan Tomić won 2nd place in World Senior Championship in Volos (Greece) 2016
- Dora Bassi 2nd place in European Senior Championship in Ioannina (Greece) 2019
- Dora Bassi won 3 silver medals and Filip won 1 Bronze medal in in 2nd Mediterranean BeachGames in Patras (Greece) 2019

Svetlana Ganzha

:Assistant

Born 13th May 1978 –
Severodvinsk (Russia)

1989-1999: active finswimmer
for Russia, Merited Master of
sport of the Russia

1989 :finswimming school in
Severodvinsk town
(coach - Michel Kitchev);

1996 :finswimming school in
Saint-Petersburg (coach -
Peter Zimovsky);

- World championship
1993 in Lyon (France):
1st place in 4x200m
- European
championship 1994 in
Balatonfűzfő
(Hungary):2 gold
medals
- European championship 1995 in Bratislava (Slovakia): 4 Gold medals and 1 silver medal
- European Championship 1995 Tampere (Finland): 4 gold medals
- World championship 1996 in Dunaújváros (Hungary):1 silver medal
- European championship 1997 in Montpellier (France): 4 gold medals
- World Games 1997 in Lahti (Finland) : 3 silver medals and 1 bronze medal
- European championship 1999 in Athens (Greece): 3 gold medals





Mariem Ben Haj

Romdhan:Logistics

Born 30th July 1997 -Tunis (Tunisia)

2013-2018: Member in Finswimming
Tunisia National Team

- 2013 Arab championship –El Kef (Tunisia):3 silver medals and 3 bronze medals
- 2013 Final CMAS World cup : 1 gold medal and 1 bronze medal
- 2014 Mediterranean championship-Rades (Tunisia): 2 silver medals and 1 bronze medal
- 2015 1st Mediterranean Beach GamesPescara (Italy) : 1 bronze medal
- 2013-2018 Rounds of CMAS World cup : 1 silver medal and 4 bronze medals

2018-2019 : Finswimming Coach of
“Jeunesse Sportive de Bardo”
(Tunisia) : 1st place in Tunisia
championship under 13yeras old.

SCHEDULE

Wednesday 8th January 2020:

Arrival of athletes and coaches.

19:00-20:00 = Meeting with athletes and swimmers.

Thursday 9th January 2020:

7:30= Departure of bus to the swimming pool.

8:00 – 10:00: Training in swimming pool.

10:30 = Departure of bus to the Hotel.

14:30 = Departure of bus to the swimming pool.

15:00-17:00= Training in swimming pool.

17:30: Departure of bus to the Hotel.

Friday 10th January 2020:

7:30= Departure of bus to the swimming pool.

8:00 – 10:00: Training in swimming pool.

10:30 = Departure of bus to the Hotel.

14:30 = Departure of bus to the swimming pool.

15:00-17:00= Training in swimming pool.

17:30: Departure of bus to the Hotel.

Saturday 11st January 2020:

7:30= Departure of bus to the swimming pool.

8:00 – 10:00: Training in swimming pool.

10:30 = Departure of bus to the Hotel.

14:30 = Departure of bus to the swimming pool.

15:00-17:00= Training in swimming pool.

17:30: Departure of bus to the Hotel.

Sunday 12nd January 2020:

7:30= Departure of bus to the swimming pool.

8:00 – 10:00: Training in swimming pool.

10:30 = Departure of bus to the Hotel.

14:00 = Departure of bus to museum of Carthage.

14:30-15:30 =Visit the museum of Carthage.

16:00= Departure of bus to city of Sidi Bousaid.

16:30-17:30= Visit the city of Sidi Bousaid.

18:00= Departure of Bus to the Hotel.

Monday 13rd January 2020:

Departure of athletes and coaches

BOOKING AND ENTRY FEE

Entry fee is 350 Euros/ person, the organizer will provide

- Accommodation in four star hotel with double or triple hotel rooms.
- Breakfast, lunch and dinner starting with dinner 8th January 2020 and ending with breakfast 13th January 2020.
- Transfers from international Tunis-GarthageAirport (TUN) to hotel and return
- Transfers between hotel and swimming pool
- Excursions in the city of Sidi Bousaid and the museum of Carthage.
- 7 Training courses (2hours) in swimming pool 50m.
- 2 bottles of water 1.5L for each swimmer/Day.
- Diploma for participation in the International Finswimming Camp.
- Insurance during the international finswimming camp from 8th to 13th January 2020.

Extra charge for single room: 30 euro per day.

Extra day charged: 80 euro per day, including full board and accommodation.

Attention: Deadline for the final hotel booking on the 18th of December 2019.

Later registrations will not accepted

VISA

If you need a visa, please contact the organization comities with email:
homyevents@hotmail.com before 18th December 2019.

INSURANCE

All the participants in the international finswimmingcamp will be provided by the organizer during the period of camp from 8th to 13th January 2020.

PAYMENT

The organizer will accept only cash when you arrival to the hotel 8th January 2020.

HOTEL BOOKING

(Before 18th December 2019)

Please complete this form and send it to the Organizing Committee by e-mail: homyevents@hotmail.com

Country:

Clubs:

Phone :

Fax :

Email :

	Number of room	Date	
		From	To
Single			
Double/Triple			
	Number of room	Date	
		From	To
Single			
Double/Triple			

Date :

President (Signature / stamp) (Full name in block letters)

PARTICIPANT LIST

(Before 18th December 2019)

Please complete this form and send it to the Organizing Committee by

e-mail: homyevents@hotmail.com

Country:

Club:

Finswimmers :

Males :

Females :

Officials :

Males :

Females :

	NAME	FIRST NAME	Type :(Athlete - Trainer - Délégation Chief - Doctor - Judge - Other)	Male Or Female	Passport Number	Single room
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
ARRIVAL	Date :			Time		
AIRPORT	<input type="checkbox"/> International Airport Tunis – Garthage (TUN)			Flight N°		
DEPARTURE	Date :			Time		
AIRPORT	<input type="checkbox"/> International Airport Tunis – Garthage (TUN)			Flight N°		

Date :

President (Signature / stamp) (Full name in block letters)

ATHLETES TECHNICAL LIST

(Before 18th December 2019)

Please complete this form and send it to the Organizing Committee by e-mail:homyevents@hotmail.com

Country:

Club:

Finswimmers :

Males :

Females :

Officials :

Males :

Females :

	NAME	FIRST NAME	Date of Birth	Male or Female	Specialties	Times
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						

Date :

President (Signature / stamp) (Full name in block letters)

**Welcome
in Tunisia**