

# INVITATION

## FINNISH SUPER OPEN 23-24.4.2022 FINSWIMMING CONTEST



Tampereen Urheilusukeltajat and Finnish Divers' Federation will organize Finnish Championships and during the race we are also hosting an open international finswimming competition

### **International FINNISH UNDERWATER SPORTS –competition in TAMPERE on the 23<sup>th</sup> and 24<sup>th</sup> of April, 2022**

**Venue: Tampereen Uintikeskus, Joukahaisenkatu 7, 33540 Tampere**

#### **Finswimming**

**Competition pool 50 m, eight lanes, depth 1,2 – 1,8 - 4,2 m, water 27 degrees, Omega Timing.**

#### **Participation**

Only teams affiliated to CMAS are eligible to participate in Finnish Underwater sports competition.

Each club team must comply with the safety conditions set by the organizer as well as the CMAS rules

#### **Exception to the rules**

#### **2.5. EQUIPMENT AND RESTRICTION**

##### **2.5.1.3. Monofins**

Finswimmer can swim with a monofin that meets the following conditions

- a) There is no restriction to the material used.
- b) The monofin may float.
- c) The maximum size of the monofin is: length 760 mm, width 760 mm, height 150 mm.
- d) The width is measured from the left to the right side of the blade.
- e) The length is measured between points A and B (see picture).
- f) The height is measured by a temple not exceeding 150 mm.
- g) The foot pieces must not be constructed so as to give the swimmer any additional assistance, and no spring nor any device of any kind may be incorporated into the foot pieces.
- h) The foot piece must assure the stability of the swimmer on the starting block.
- i) Screws under the fins and monofin are strictly forbidden except when they are covered with a thick enough protection.

**The organizers reserve the right to limit the number of heats due to duration of the competition.  
The teams will be informed of the possible limitation after closing of the registration.**

Finswimming events require at least 5 participants in order to be considered part of the Finnish championships. In order to achieve Finnish championship title, the participant needs to be a Finnish citizen.

#### **Competition categories Finswimming**

A – C men and women born in 2008 or earlier

D boys and girls born in 2010-2009

#### **Registration**

Registration with attached form at latest on the 9<sup>th</sup> of April, 2022

e-mail: jasmine.pajari@sukeltaja.fi

## Registration fee

Finswimming      In all categories      12,00 €/start.

Fees shall be paid at latest the 9<sup>th</sup> of April, 2022 to Tampereen Urheilusukeltajat.

Bank: Danske Bank, account number IBAN: FI89 8000 1670 0687 26 and BIC code:DABAFIHH

## Late entry:

Late entry is possible only if there are lanes available in the heats. Late entry fee will be three times the normal entry fee.

## Inquiries

If you have any questions, please contact Jasmine Pajari email: jasmine.pajari@sukeltaja.fi

WELCOME TO TAMPERE International FINNISH UNDERWATER SPORTS COMPETITION

**Finnish Divers´ Federation**

**Tampereen Urheilusukeltajat ry**

## The preliminary schedule of the competition

### Saturday the 23<sup>th</sup> of April, first session Finswimming

08:00 – 09:15      Equipment Check

08:15 – 09.20      Warm-up in the 50 m competition pool

08:30 – 09:00      Technical meeting / Team Leader Meeting

09:30 - 12:00      Competition in      50 m pool

1.	800 SF	unisex	A-C two heats
2.	50 SF	W / G	A-C, D
3.	50 SF	M / B	A-C, D
4.	200 BF	W / G	A-C, D
5.	200 BF	M / B	A-C, D
6.	200 SF	W / G	A-C, D
7.	200 SF	M / B	A-C, D
8.	50 BF	W / G	A-C, D
9.	50 BF	M / B	A-C, D
10	100 IM	W / G	A-C, D
11	100 IM	M / B	A-C, D

### Saturday the 23<sup>th</sup> of April, first session Free diving DYN

07:45      Sports information Desk will open

10:30 – 11:45      Equipment Check

11:00 – 11:30      Technical meeting / Team Leader Meeting

12:00 – 16:00      Competition in      50 m pool

**Saturday the 23<sup>th</sup> of April, Underwater Rugby only for finnish teams**

7:45	Sports information Desk will open	
08:00 - 09:00	Equipment Check	
08:30 - 09:00	Technical meeting / Team Leader Meeting	
09:00 - 15:00	Warm-up in	25 m pool
09:00 – 18:00	Competition in	

**Saturday the 23<sup>th</sup> of April, second session Finswimming**

15.00 –16:00	Equipment Check		
16:00 – 17:00	Warm-up in the 50 m competition pool		
17:10 - 20:00	Competition in	50 m pool	
12	50 AP	W / G	A-C
13	50 AP	M / B	A-C
14.	400 SF	unisex	A-C three heats
15	400 BF	unisex	A-C three heats
16.	100 SF	W / G	A-C, D
17.	100 SF	M / B	A-C, D

**Saturday the 23<sup>th</sup> of April, second session Free diving STA**

17:00 – 17:30	Equipment Check
17:45 -20:30	Competition in childrens' pool

**Sunday the 24<sup>th</sup> of April, third session Finswimming**

07:45	Sports information Desk Will open		
08:00 - 09:00	Equipment Check		
08:00 – 09:00	Warm-up in the 50 m competition pool		
09:10 - 12:00	Competition in	50 m pool	
18	100 BF	W / G	A-C, D
19	100 BF	M / B	A-C, D
20.	1500 SF	unisex	A-C, two heats
21	4 x100 SF	W / G	A - D
22	4 x100 SF	M / B	A - D

**Sunday the 24<sup>th</sup> of April, Target Shooting**

7:45	Sports information Desk Will open	
08:00 - 09:00	Equipment Check	
08:30 - 09:00	Technical meeting / Team Leader Meeting	
09:00 - 15:00	Warm-up in	25 m pool
09:00 – 18:00	Competition in	

**Sunday the 24<sup>th</sup> of April, third session Free diving DNA**

11:30 – 12:00	Equipment Check	
12:15 – 18:00	Competition in	the 25 m pool