**The national and international project of the Tunisian University of Diving and Rescue Activities for Fin Swimming** **For the season 2021/2022**

International competitions

2022

Main objectives

* World Championship Akaber Kelly ( Colombia ) from 18 to the 23 July 2022
* Open Water World Championships Middle and Upper Italy September 12-17 , 2022
* International Youth Forum in Hungary 26 and 27 November 2022

Preparatory Objectives

* The initial stage of the World Cup swimming pool and open water held in Sharm El - Sheikh ( Egypt ) from 27 to the 31 January 2022
* The third stage of the World Cup in Italy from 18 March to the 20 March 2022
* International Prize Modena ( Italy ) 28-29 May 2022

**World Championship Akaber Colombia from 18 to the 23 July 2022**



**Distances:**

* Paired fins: 50m/100m/200m/400m
* Single Fins: Underwater 50m / 100m / 200m / 400m / 800m/ 1500 m
* Double Fins Relay: Mixed 4\*100m
* Single Fin Relay: Mixed 4\*50m / 4\*100m / 4\*200m

**Nominations for this event:**

* All competitions hosted by 50-meter swimming pools and electronic timing is available, whether in Tunisia or outside Tunisia, and in 2022 they are selection competitions for this tournamentNS

**Selection conditions:**

**Achieving candidacy timing:**

* Swimmers who achieve the time limit for Nomination A are directly eligible for the World Championships
* The timing of nomination A in each race is determined according to the sixteenth time in the previous version in Russia, which is equivalent to a semi-final.

|  |
| --- |
| **Candidate times** |
| **female** | **Race** | **male** |
| **17.16** | **50 AP** | **14.98** |
| **18.97** | **50 SF** | **16.50** |
| **41.56** | **100 SF** | **37.02** |
| **1.34.43** | **200 SF** | **1.26.54** |
| **3.27.99** | **400 SF** | **3.07.28** |
| **7.23.19** | **800 SF** | **6.45.78** |
| **14.35.00** | **1500 SF** | **13.35.00** |
| **23.69** | **50 BF** | **20.08** |
| **51.14** | **100 BF** | **44.56** |
| **1.52.62** | **200 BF** | **1.39.77** |
| **4.05.03** | **400 BF** | **3.42.41** |

**Achieving nomination time by:**

* Swimmers who meet nomination time B are eligible for the world championships, provided that no two Tunisian swimmers who meet nomination time A are available in the same race.
* The swimmers who achieve nomination time B are nominated for the World Championships, provided that there are no 4 swimmers with time A or who have achieved more than timing B.
* The timing of nomination B in each race is determined according to the twenty-second time in the previous version in Russia, except in the 1500 race because there are not a large number of swimmers in the specialty.

|  |
| --- |
| **Recommended times with** |
| **female** | **Race** | **male** |
| **17.59** | **50 AP** | **15.36** |
| **19.59** | **50 SF** | **17.28** |
| **42.39** | **100 SF** | **37.62** |
| **1.36.90** | **200 SF** | **1.29.97** |
| **3.34.12** | **400 SF** | **3.15.94** |
| **7.30.00** | **800 SF** | **6.55.44** |
| **24.32** | **50 BF** | **20.47** |
| **51.79** | **100 BF** | **45.49** |
| **1.54.50** | **200 BF** | **1.42.30** |
| **4.07.55** | **400 BF** | **4.43.09** |

**very important:**

* Maximum number of swimmers participating in this competition = 4 swimmers

A swimmer will be disqualified from participating in this event if:

* Absence of 3 training sessions in the pool without justification during the preparation period
* Absence of 3 physical preparation classes without justification during the preparation period
* Indiscipline in exercise
* Not obeying the instructions of the national coach
* Participation in a parallel activity without permission or a license from the national coach
* Participation in a competition in another sports activity
* Lack of respect for the technical staff or colleagues

**World Open Water Championships, Middle and Upper Italy, from 09/12/2022 to 09/17/2022**



**Distances:**

* 5 km single fin
* 3 km double fin
* 1 km single fin
* 1 km double fin

**Nominations for this event:**

* All open water competitions inside and outside Tunisia

**Selection conditions:**

**Achieving nomination time:**

* Swimmers who meet the deadline will qualify directly for the World Cup

***Nomination times***

**middle**

|  |  |  |
| --- | --- | --- |
| **male** | **Race** | **female** |
| **51 minutes 39 seconds** |  **5 km single fin** | **56 min 02 sec** |
| **35 minutes and 21 seconds** | **3 km double fin** | **36 minutes** |
| **9 minutes 30 seconds** | **1 km single fin** | **10 min 06 sec** |
| **10 min 39 sec** | **1 km double fin** | **12 min 01 sec** |

**big**

|  |  |  |
| --- | --- | --- |
| **male** | **Epreuves** | **female** |
| **46 minutes 39 seconds** |  **5 km single fin** | **53 minutes 42 seconds** |
| **33 minutes** | **3 km double fin** | **35 minutes** |
| **9 minutes 00 sec** | **1 km single fin** | **9 minutes and 43 seconds** |
| **10 min and 11 sec** | **1 km double fin** | **11 rang 00 w** |

**very important:**

* Maximum number of swimmers participating in this competition = 6 swimmers

A swimmer will be disqualified from participating in this event if:

* Absence of 3 training sessions in the pool without justification during the preparation period
* Absence of 3 physical preparation classes without justification during the preparation period
* Indiscipline in exercise
* Not obeying the instructions of the national coach
* Participation in a parallel activity without permission or a license from the national coach
* Participation in a competition in another sports activity
* Lack of respect for the technical staff or colleagues

**The initial stage of the World Cup swimming pool and open water mid Akaber held in Sharm el - Sheikh ( Egypt ) from 27 to the 31 January 2022**

         

the races

* Paired fins: 50m/100m/200m/400m

Single Fins: Underwater 50m / 100m / 200m / 400m / 800m

**Nominations for this event:**

* All competitions hosted by 50-meter swimming pools with electronic timing available in 2021 and 2022

**Selection conditions:**

**Achieving nomination time:**

* Swimmers who meet the deadline will qualify directly for the World Cup
* The timing of candidacy in each race is determined according to the eighth time in the previous version

***Nomination times***

**middle**

|  |  |  |
| --- | --- | --- |
| **male** | **Epreuves** | **female** |
| **16,42** | **50 AP** | **18,63** |
| **18,10** | **50 SF** | **20,23** |
| **39,86** | **100 SF** | **44,72** |
| **1,37,76** | **200 SF** | **1,42,76** |
| **3,32,31** | **400 SF** | **3,47,04** |
| **7,15,83** | **800 SF** | **7,51,13** |
| **21,41** | **50 BF** | **24,37** |
| **46,05** | **100 BF** | **52,71** |
| **1,45,00** | **200 BF** | **1,56,98** |
| **3,53,92** | **400 BF** | **4,16,52** |

**big**

|  |  |  |
| --- | --- | --- |
| **male** | **Epreuves** | **female**  |
| **15,47** | **50 AP** | **18,08** |
| **16,88** | **50 SF** | **19,53** |
| **37,84** | **100 SF** | **42,56** |
| **1,30,27** | **200 SF** | **1,35,93** |
| **3,15,86** | **400 SF** | **3,31,52** |
| **6,57,81** | **800 SF** | **7,20,09** |
| **20.88** | **50 BF** | **23,82** |
| **45,82** | **100 BF** | **51,37** |
| **1,43,72** | **200 BF** | **1,53,68** |
| **3,45,22** | **400 BF** | **4,06,44** |

**very important:**

* Maximum number of swimmers participating in this competition = 8 swimmers

A swimmer will be disqualified from participating in this event if:

* Absence of 3 training sessions in the pool without justification during the preparation period
* Absence of 3 physical preparation classes without justification during the preparation period
* Indiscipline in exercise
* Not obeying the instructions of the national coach
* Participation in a parallel activity without permission or a license from the national coach
* Participation in a competition in another sports activity
* Lack of respect for the technical staff or colleagues

**The third stage of the World Cup in Italy from 18 March to the 20 March 2022**

             

the races

* Paired fins: 50m/100m/200m/400m

Single Fins: Underwater 50m / 100m / 200m / 400m / 800m

**Nominations for this event:**

* All competitions hosted by 50-meter swimming pools and where electronic timing is available in 2022

**Selection conditions:**

**Achieving nomination time:**

* Swimmers who meet the deadline will qualify directly for the World Cup
* The timing of candidacy in each race is determined according to the eighth time in the previous version

***Nomination times***

**middle**

|  |  |  |
| --- | --- | --- |
| **male** | **Epreuves** | **female** |
| **16,42** | **50 AP** | **18,63** |
| **18,10** | **50 SF** | **20,23** |
| **39,86** | **100 SF** | **44,72** |
| **1,37,76** | **200 SF** | **1,42,76** |
| **3,32,31** | **400 SF** | **3,47,04** |
| **7,15,83** | **800 SF** | **7,51,13** |
| **21,41** | **50 BF** | **24,37** |
| **46,05** | **100 BF** | **52,71** |
| **1,45,00** | **200 BF** | **1,56,98** |
| **3,53,92** | **400 BF** | **4,16,52** |

**big**

|  |  |  |
| --- | --- | --- |
| **male** | **Epreuves** | **female**  |
| **15,47** | **50 AP** | **18,08** |
| **16,88** | **50 SF** | **19,53** |
| **37,84** | **100 SF** | **42,56** |
| **1,30,27** | **200 SF** | **1,35,93** |
| **3,15,86** | **400 SF** | **3,31,52** |
| **6,57,81** | **800 SF** | **7,20,09** |
| **20.88** | **50 BF** | **23,82** |
| **45,82** | **100 BF** | **51,37** |
| **1,43,72** | **200 BF** | **1,53,68** |
| **3,45,22** | **400 BF** | **4,06,44** |

**very important:**

* Maximum number of swimmers participating in this competition = 6 swimmers

A swimmer will be disqualified from participating in this event if:

* Absence of 3 training sessions in the pool without justification during the preparation period
* Absence of 3 physical preparation classes without justification during the preparation period
* Indiscipline in exercise
* Not obeying the instructions of the national coach
* Participation in a parallel activity without permission or a license from the national coach
* Participation in a competition in another sports activity
* Lack of respect for the technical staff or colleagues

**International Prize Modena (Italy) 28-29 May 2022**

             

the races

* Paired fins: 50m/100m/200m/400m

Single Fins: Underwater 50m / 100m / 200m / 400m / 800m

**Nominations for this event:**

* All competitions hosted by 50-meter swimming pools and where electronic timing is available in 2022

**Selection conditions:**

**All the swimmers nominated for the World Junior Championships and the International Junior Championships participate in this competition**

**very important:**

* This competition represents the last preparatory stage before entering the World Cup Championship and the International Junior Forum

A swimmer will be disqualified from participating in this event if:

* Absence of 3 training sessions in the pool without justification during the preparation period
* Absence of 3 physical preparation classes without justification during the preparation period
* Indiscipline in exercise
* Not obeying the instructions of the national coach
* Participation in a parallel activity without permission or a license from the national coach
* Participation in a competition in another sports activity
* Lack of respect for the technical staff or colleagues

**International Youth Forum in Hungary 26 and 27 November 2022**

                

the races

* Paired fins: 50m/100m/200m/400m

Single Fins: Underwater 50m / 100m / 200m / 400m

**Nominations for this event:**

* All competitions hosted by 50-meter swimming pools and where electronic timing is available in 2022

**Selection conditions:**

**Achieving nomination time:**

* Swimmers who meet the nomination time are directly nominated for the International Junior Forum
* The timing of candidacy in each race is determined according to the fifth time in the previous version

***Nomination times***

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 12 and 13 years old boys | 14 and 15 years old male | **Epreuves** | 12 and 13 years female | 14 and 15 years old female |
| **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*** | **18,96** | **50 AP** | **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*** | **19,08** |
| **22,06** | **20,73** | **50 SF** | **22,05** | **21,28** |
| **51,74** | **42,96** | **100 SF** | **49,36** | **46,18** |
| **1,51,24** | **1,44,75** | **200 SF** | **1,54,93** | **1,48,34** |
| **4,13,20** | **3,45,50** | **400 SF** | **4,08,87** | **3,54,51** |
| **24,58** | **22,97** | **50 BF** | **25,66** | **25,03** |
| **55,33** | **50,29** | **100 BF** | **56,79** | **54,88** |
| **2,01,26** | **1,51,13** | **200 BF** | **2,07,28** | **2,00,79** |
| **4,17,73** | **4,10,38** | **400 BF** | **4,17,73** | **4,19,71** |

**very important:**

* Maximum number of swimmers participating in this competition = 6 swimmers

A swimmer will be disqualified from participating in this event if:

* Absence of 3 training sessions in the pool without justification during the preparation period
* Absence of 3 physical preparation classes without justification during the preparation period
* Indiscipline in exercise
* Not obeying the instructions of the national coach
* Participation in a parallel activity without permission or a license from the national coach
* Participation in a competition in another sports activity
* Lack of respect for the technical staff or colleagues

Competitions nationwide

2022

***Junior Program, age group 13 years and under***

***Tunisia Cup for short distances in Monastir 13 years old and under 16/01/2022***

* **The Tunisian Diving and Rescue University is organizing the Tunisia Cup for short distances at the Monastir swimming pool in La Marsa, in coordination with the municipality of the place .**
* **All clubs involved in the Tunisian Diving Federation have the right to participate in this event .**
* **Every swimmer must present his license provided by the university to the clubs before each race .**
* **The last registration for races on Monday , 6 January 2022 Technical Meeting on 12/01/2022 at ten o'clock in the morning at the headquarters of the University**
* **Whoever misses a race while he is registered in it, his club is liable to pay a fine of 5 dinars per race *.***

***Contest :***

* ***Timing style : electronic***
* ***Swimming pool length : 25 meters***
* ***Race period : morning and evening***
* ***age categories***

|  |  |
| --- | --- |
| ***11 years and under (2011 - 2012..)*** | ***12 years 13 years (2009-2010)*** |

***races :***

|  |  |
| --- | --- |
| ***Morning period from 9 am to midday*** | *Evening period from 3 pm to 6 pm*   |
| ***25 meters under water******100 meters pair fins******50 meter single fin***  | ***100m single fin******50 meters pair fins******4 \* 50 meters single fin mixed (2 female / 2 male )*** |

* ***The club with the most points in all categories wins the cup***
* ***Points : According to the International Federation points tableCMAS***

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ***4*** | ***21*** | ***8*** | ***17*** | ***16*** | ***13*** | ***24*** | ***9*** | ***36*** | ***5*** | ***50*** | ***1*** |
| ***3*** | ***22*** | ***7*** | ***18*** | ***14*** | ***14*** | ***22*** | ***10*** | ***33*** | ***6*** | ***46*** | ***2*** |
| ***2*** | ***23*** | ***6*** | ***19*** | ***12*** | ***15th*** | ***20*** | ***11*** | ***30*** | ***7*** | ***42*** | ***3*** |
| ***1*** | ***24*** | ***5*** | ***20*** | ***10*** | ***16*** | ***18*** | ***12*** | ***27*** | ***8*** | ***39*** | ***4*** |
| ***Any other swimmer who completes the race without committing a foul will be awarded 1 point***  |

|  |  |
| --- | --- |
| ***ranking*** |   |
| ***points*** |   |

***Tunisia Long-distance Cup Younger in Marsa 13 years and under 20/02/2022***

* **The Tunisian Diving and Rescue University is organizing the Tunisia Cup for long distances in the Marsa swimming pool in coordination with the municipality of the place .**
* **All clubs involved in the Tunisian Diving Federation have the right to participate in this event .**
* **Every swimmer must present his license provided by the university to the clubs before each race .**
* **The last registration for races on Friday , 11 February 2022 Technical Meeting on 02/16/2022 at ten o'clock in the morning at the headquarters of the University**
* **Whoever misses a race while he is registered in it, his club is liable to pay a fine of 5 dinars per race *.***

***Contest :***

* ***Timing pattern : Not yet determined***
* ***Swimming pool length : 25 meters***
* ***Race period : morning and evening***
* ***age categories***

|  |  |
| --- | --- |
| ***11 years and under (2011 - 2012..)*** | ***12 years 13 years (2009-2010)*** |

***races :***

|  |  |
| --- | --- |
| ***Morning period from 9 am to midday*** | *Evening period from 3 pm to 6 pm*   |
| ***200m single fin******400m double fin******4 \* 100 meters single fin mixed (2 female / 2 male )***  | ***200 meters double fin******400m single fin******4 \* 100 meters mixed pair fins (2 females / 2 males )***  |

* ***The club with the most points in all categories wins the cup***
* ***Points : According to the International Federation points tableCMAS***

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ***4*** | ***21*** | ***8*** | ***17*** | ***16*** | ***13*** | ***24*** | ***9*** | ***36*** | ***5*** | ***50*** | ***1*** |
| ***3*** | ***22*** | ***7*** | ***18*** | ***14*** | ***14*** | ***22*** | ***10*** | ***33*** | ***6*** | ***46*** | ***2*** |
| ***2*** | ***23*** | ***6*** | ***19*** | ***12*** | ***15th*** | ***20*** | ***11*** | ***30*** | ***7*** | ***42*** | ***3*** |
| ***1*** | ***24*** | ***5*** | ***20*** | ***10*** | ***16*** | ***18*** | ***12*** | ***27*** | ***8*** | ***39*** | ***4*** |
| ***Any other swimmer who completes the race without committing a foul will be awarded 1 point***  |

|  |  |
| --- | --- |
| ***ranking*** |   |
| ***points*** |   |

***Summer Championship Osagr 11-12 June 2022 swimming pool Zahra***

*Venue : Rades Swimming Pool*

*Today : 11-12 June 2022*

*Timing Calculation Style : Electronic*

*races :50 SF / 100 SF / 200 SF / 400 SF / 800 SF/50 BF / 100 BF / 200 BF / 400 BF/4\*100 SF /4\*50 SF Mixte*

* ***age categories***

|  |  |
| --- | --- |
| ***11 years and under (2011 - 2012..)*** | ***12 years 13 years (2009-2010)*** |

* The Tunisian Diving and Rescue University is organizing the summer championship for the youngest in the Zahra swimming pool in coordination with the National Sports District
* All clubs involved in the Tunisian Diving Federation have the right to participate in this event .
* Every swimmer must present his license provided by the university to the clubs before each race .
* The deadline for registering for the races is Thursday, June 2 , 2022, and the technical meeting is on 06/08/2022 at ten in the morning at the university headquarters.

Whoever misses a race while he is registered in it, his club is liable to pay a fine of 10 dinars per race

Race division :

|  |  |  |
| --- | --- | --- |
| 06/11/2022 Evening class | 06/12/2022 Morning class | 06/12/2022 Evening class |
| 800 SF200 BF100 SF  | 50 SF100 BF400 SF4\*50 SF Mixte | 400 BF200 SF50 BF4\*100 SF |

* ***The club with the most points in all categories wins the tournament***
* ***The points of the Tunisia Cup for short and long distances are calculated with the points of the national championship, in order to obtain in the end the general ranking for the juniors***
* ***Points : According to the International Federation points tableCMAS***

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ***4*** | ***21*** | ***8*** | ***17*** | ***16*** | ***13*** | ***24*** | ***9*** | ***36*** | ***5*** | ***50*** | ***1*** |
| ***3*** | ***22*** | ***7*** | ***18*** | ***14*** | ***14*** | ***22*** | ***10*** | ***33*** | ***6*** | ***46*** | ***2*** |
| ***2*** | ***23*** | ***6*** | ***19*** | ***12*** | ***15th*** | ***20*** | ***11*** | ***30*** | ***7*** | ***42*** | ***3*** |
| ***1*** | ***24*** | ***5*** | ***20*** | ***10*** | ***16*** | ***18*** | ***12*** | ***27*** | ***8*** | ***39*** | ***4*** |
| ***Any other swimmer who completes the race without committing a foul will be awarded 1 point***  |

Swimmers Program

 14-15 years

16-17 years

18 years and +

**Qualifying stages for the Tunisian Championship All categories 2022** **TC**

* **Venue: Al Zahraa Swimming Pool**
* **Age groups: General**
* **Timing style: electronic**
* **Competition rules:**

**1 The Tunisian University for Diving and Rescue Activities organizes all nomination stages**

* **2 Every swimmer must present his license provided by the university to clubs before each race.**

**3 basic rules for swimming with fins apply strictly**

**4 Each swimmer must participate in only two races per stage**

**5 Each swimmer must participate in a maximum of 6 races in a total of three stages**

**6 No registration will be accepted outside the specified deadlines**

Qualifying program :

|  |  |  |  |
| --- | --- | --- | --- |
| **Competition** | **Date** | **Last date for registration of swimmers** | **Technical meeting date** |
| The first qualifying stage | December 26 , 2021 | December 16 , 2021 | December 22 2021 |
| The second qualifying stage | January 9, 2022 | December 29 , 2022 | January 5 2022 |
| Third qualifying stage | February 27 , 2022 | February 17 , 2022 | February 23 , 2022 |

**racing program**

|  |  |
| --- | --- |
| **morning class** | **Evening class** |
| 50 BF50 SF200 BF200 SF800 SF | 50 AP100 SF100 BF400 SF400 BF1500 SF |

**National Forum Burhan Al-Din Al-Damarji 26-27/03/ 2022**

* **Venue: Al Zahraa Swimming Pool**
* **Age groups: 14-15 years / 16-17 years / 18 years and above**
* **Timing style: electronic**
* **Competition rules:**

**1**      **The Tunisian University of Diving and Rescue Activities organizes the National Forum of Burhan Eddine Damerji**

**2 Every swimmer must present his license provided by the university to clubs before each race.**

**3 basic rules for swimming with fins apply strictly**

**4 Each swimmer can participate only in the competitions in which he is nominated**

**5 Each team can only take down one relay team**

**6 No registration will be accepted outside the specified deadlines**

**7 Whoever misses a race while he is registered in it, his club is liable to pay a fine of twenty dinars per race**

**8 The 16 best swimmers in each race can score points according to the points table approved by the International FederationCMAS**

**9 The last date for registration of swimmers is on 03/16/2022 and the technical meeting is on 03/24/2022 at the university headquarters**

* ***The club with the most points in all categories wins the game***
* ***The points of the national meeting are counted with the points of the summer championship TC*** ***To later determine the champion of Tunisia 2022***
* ***Points : According to the International Federation points tableCMAS***

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ***4*** | ***21*** | ***8*** | ***17*** | ***16*** | ***13*** | ***24*** | ***9*** | ***36*** | ***5*** | ***50*** | ***1*** |
| ***3*** | ***22*** | ***7*** | ***18*** | ***14*** | ***14*** | ***22*** | ***10*** | ***33*** | ***6*** | ***46*** | ***2*** |
| ***2*** | ***23*** | ***6*** | ***19*** | ***12*** | ***15th*** | ***20*** | ***11*** | ***30*** | ***7*** | ***42*** | ***3*** |
| ***1*** | ***24*** | ***5*** | ***20*** | ***10*** | ***16*** | ***18*** | ***12*** | ***27*** | ***8*** | ***39*** | ***4*** |
| ***Any other swimmer who completes the race without committing a foul will be awarded 1 point***  |

|  |  |
| --- | --- |
| ***ranking*** |   |
| ***points*** |   |

**Conditions for candidacy for the National Forum Burhan Al-Din Al-Damarji**

|  |  |  |  |
| --- | --- | --- | --- |
| **the races** | **14-15 years** | **16-17 years** | **18 years and +** |
| **50 AP** | **Top 16 results** | **Top 16 results** | **Top 16 results** |
| **50 SF** |
| **100 SF** |
| **50 BF** |
| **100 BF** |
| **200 SF** | **Top 8 results** | **Top 8 results** | **Top 8 results** |
| **200 BF** |
| **400 SF** |
| **400 BF** |
| **800 SF** | **Top 6 results** | **Top 6 results** | **4 best results** |
| **1500 SF** |

* **Nominations are made through the qualifying stages**

**Competition programme:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Class 1 03/26/2022** | **Class 2 03/26/2022** | **Lesson 3 27/03/2022** | **Class 4 03/27/2022** |
| **50 BF****100 SF****1500 SF****4\*50 BF** | **100 BF****400 SF****4\*100 BF MX** | **50 AP****200 BF****200 SF****4\*100 SF** | **50 SF****400 BF****800 SF****4\*200 SF** |

**Tunisia Fins Swimming Championships of all** **typesTCJuly 1 , 2, and 3, 2022**

* **Venue: Rades Swimming Pool**
* **Date: 1-2-3/7/2022**
* **Age groups: All age groups TC**
* **Timing style: electronic**
* **Competition rules:**

**1**      **The Tunisian University of Diving and Rescue Activities organizes the Tunisian Fins Swimming Championship of all types**

**2 Every swimmer must present his license provided by the university to clubs before each race.**

**3 basic rules for swimming with fins apply strictly**

**4 Each swimmer can participate only in the competitions in which he is nominated**

**5 Participation is permitted only for swimmers who have achieved the time limit to run for the championship in the 2022 season**

**6 No registration will be accepted outside the specified deadlines**

**7 Whoever misses a race while he is registered in it, his club is liable to pay a fine of twenty dinars per race**

**8 The last date for registering swimmers is on 07/21/2022 and the technical meeting is on 07/29/2022 at the university headquarters**

**9** **Calculation of points according to the points table approved by the International Federation CMAS**

* ***The club with the most points in all categories wins the tournament***
* ***The points of the national meeting are counted with the points of the summer championship TC*** ***To later determine the champion of Tunisia 2022***
* ***Points : According to the International Federation points tableCMAS***

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ***4*** | ***21*** | ***8*** | ***17*** | ***16*** | ***13*** | ***24*** | ***9*** | ***36*** | ***5*** | ***50*** | ***1*** |
| ***3*** | ***22*** | ***7*** | ***18*** | ***14*** | ***14*** | ***22*** | ***10*** | ***33*** | ***6*** | ***46*** | ***2*** |
| ***2*** | ***23*** | ***6*** | ***19*** | ***12*** | ***15th*** | ***20*** | ***11*** | ***30*** | ***7*** | ***42*** | ***3*** |
| ***1*** | ***24*** | ***5*** | ***20*** | ***10*** | ***16*** | ***18*** | ***12*** | ***27*** | ***8*** | ***39*** | ***4*** |
| ***Any other swimmer who completes the race without committing a foul will be awarded 1 point***  |

|  |  |
| --- | --- |
| ***ranking*** |   |
| ***points*** |   |

**competition program**

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **1/7/2022** | **2/7/2022** | **3/7/2022** |
| **playoffs** | **50 SF****100 BF****200 SF** | **50 AP****200 BF****400 SF****4\*200 SF** | **50 BF****100 SF****400 BF****800 SF****4\*100 SF** |
| **Final** | **50 SF****100 BF****200 SF****1500 SF****4\*100 BF MX** | **50 AP****200 BF****400 SF****4\*50 BF** | **50 BF****100 SF****400 BF****800 SF****4\*50 SF MX** |

**National Championship Qualifiers**

|  |  |  |
| --- | --- | --- |
| **female** | **distance** | **male** |
| **29.33** | **50 AP** | **21.75** |
| **26.26** | **50 SF** | **22.49** |
| **1.01.13** | **100 SF** | **54.35** |
| **3.06.09** | **200 SF** | **2.31.57** |
| **5.40.78** | **400 SF** | **4.42.31** |
| **10.16.78** | **800 SF** | **9.28.60** |
| **27.84** | **50 BF** | **23.98** |
| **1.01.04** | **100 BF** | **53.28** |
| **2.20.18** | **200 BF** | **2.02.44** |
| **4.50.72** | **400 BF** | **4.22.03** |

* **Only in 1500 meters, the top 8 in the 2021/2022 season only run for the championship**

**Calendar of national and international competitions for the 2021/2022 season**

|  |  |  |
| --- | --- | --- |
| **the demonstration** | **Date** | **Place** |
| The first qualifying stage for the Tunisian Championship TC | December 26, 2021 | Al Zahraa swimming pool |
| The second qualifying stage for the Tunisian Championship TC | January 9, 2022 | Al Zahraa swimming pool |
| Tunisia Cup for short distances Asghar | January 16, 2022 | Monastir swimming pool |
| The first stage of the World Cup is a swimming pool and open water in the middle and the largest | From 27 to 31 January 2022 | Sharm Alsheikh, Egypt) |
| *Tunisia's Asghar Long Distance Cup* | February 20 2022 | Al Marsa swimming pool |
| The third qualifying stage for the Tunisian Championship TC | February 27, 2022 | Al Zahraa swimming pool |
| The third stage of the World Cup is middle and senior | From the 18th to the 20th of March | Italy |
| Burhan Al-Din Al-Damarji National Forum | March 26 and 27, 2022 | Al Zahraa swimming pool |
| Modena International Prize | May 28 and 29 2022 | Italy |
| *Junior Summer Championship* | 11 and 12 June 2022 | Rades swimming pool |
| Tunisia Championship TC | July 1, 2, and 3, 2022 | Rades swimming pool |
| Akaber World Championship | From 18 to 23 July 2022 | Colombia |
| The World Open Water Championship, the largest and the middle | From 12 to 17 September 2022 | Italy |
| International junior meeting | 26 and 27 November 2022 | Hungary |

**The open water program is determined after the end of the national competitions in the pool**

Thanks

And good luck in the season

21/22

Supervising National Coach: Mohamed Amin Dargaa

1



بطولة العالم أكابر بكالي (كولمبيا) من 18 الي 23 جويلية 2022