

Egypt Cup 2023 - 03-Mar-23 to 08-Mar-23

Results

Event 37 Women 14-15 800 LC Meter SF

Egypt: 7:18.84 # 25-Mar-22		Ghada Mohamed Ahmed		Wadi Degla		
Name	Age	Team	Seed Time	Finals Time	Points	
1	Joudy Rada Mohamed	15	Betash Club	7:50.89	7:39.70	50
2	Malk Mohamed Abouelela	14	Nasr Club	7:45.89	7:42.06	46
3	Farah Wail El Maadawy	15	Elriady Elbahry Club	7:57.47	7:47.28	42
4	Renad Tamer Shaaban	15	Ismaily Sporting Club	NT	7:48.06	39
5	Sara Mohamed Elsonosy	14	Nasr Club	8:06.46	7:49.07	36
6	Mai Tarek ali	15	Ismaily Sporting Club	7:57.78	7:53.23	33
7	Rokaya Essam Goda Abd ElWahad	14	Ghaba	7:49.76	7:55.45	30
8	Mena Mohamed Fouad	15	El-Temsah	7:57.99	7:55.95	27
9	Malak Mohamed Ahmed	15	Elethead Elskandry Club	7:57.38	7:56.86	24
10	Rana Abd Elmonem Zaky	14	Betash Club	8:07.05	7:57.06	22
11	Sedara Ahmed Mohamed	14	Army Club	8:13.17	7:58.82	20
12	Essel Ahmed Mansour	14	ElMasry Port Said	8:24.66	8:02.31	18
13	Basmala Wael Ahmed Mohamed	15	Wadi Degla	8:08.12	8:02.81	16
14	Jana Khaled Ali Abd Elsal	14	El-Temsah	8:16.24	8:03.28	14
15	Jana Ali Sobhy Abd Elkadr	14	Betash Club	8:03.99	x8:03.78	
16	Habiba Mohamed Eid Hassan	15	Al-Canal	8:05.31	8:04.01	12
17	Khadija Khaled Naeem ElDeeb	14	Wadi Degla	8:03.95	8:08.15	10
18	Hanen Mohamed Sami	15	Nasr Club	8:28.57	x8:10.12	
19	Roaa Hassan Said Nagm	14	El-Obour	8:16.84	8:10.84	8
20	Joury Yasar Ali Mohamed	14	Elethead Elskandry Club	8:35.43	8:12.39	7
21	Reem Ehab Mohamed Nour	14	Ghaba	8:05.17	8:13.25	6
22	Mariam Ayman Abd ElGawad	14	Elethead Elskandry Club	8:19.28	x8:17.09	
23	Farida Yasser Goda Abd ElWahad	14	Nasr Club	8:32.45	x8:19.85	
24	Malak Alaa Aldin Khlousy	15	Police	8:10.15	8:24.36	5
25	Shahd Mohamed Mostafa	15	Ismaily Sporting Club	8:40.95	x8:26.39	
26	Nada Elsayed Hassan Moham	14	Electrecity Ismailia	8:24.92	8:27.82	4
27	Rawan Waled Mohamed Amin	15	Ghaba	8:40.09	x8:28.64	
28	Rodaina Hossam Salah	15	Nasr Club	8:31.71	x8:29.29	
29	Hala Ahmed Magdy	14	TM Acd	8:43.54	8:31.34	3
30	Rawan Ahmed Ibrahim	15	Ismaily Sporting Club	8:12.93	x8:32.96	
31	Wesam Hany Mahmoud	15	Ismaily Sporting Club	7:58.94	x8:38.00	
32	Tabarak Mohamed Salah	14	Electrecity Ismailia	8:45.69	8:42.00	2
33	Habiba Osama Ali	15	Al-Canal	NT	8:44.43	1
34	Solava Raed Ibrahim Mahmoud	15	Smouha	8:54.49	8:46.60	
35	Nour Gamal Eldin Sayed	14	Al-Canal	8:41.84	x8:49.04	
36	Hanen Shawky Yousif	14	Ismaily Sporting Club	8:41.88	x8:49.81	
37	Lana Hany Aboud Ibrahim	14	Wadi Degla	NT	x8:50.03	
38	Logina Hosam Mohamed	14	El-Obour	NT	8:52.06	
39	Sara Hazem Ibrahim	15	TM Acd	9:03.56	8:53.53	
40	Manh amr Zakaria	14	Wadi Degla	NT	x9:01.23	
41	Maram Mohamed Abdallah	14	Ismaily Sporting Club	8:59.52	x9:02.40	
42	Jana Ahmed Badwy	14	Ghaba	9:01.01	x9:03.12	
43	Shahd Omar Elsayd	14	Police	NT	9:04.96	
44	Shahd Mohamed Gamal Elden	15	Ghaba	9:03.09	x9:05.68	
45	Roqia Mostafa ali Mohamed	15	El-Obour	9:26.67	x9:20.64	
46	Jana Mahmoud Ali	14	Al-Canal	9:17.39	x9:25.28	
47	Retag Elsaid Ahmed	14	Elriady Elbahry Club	NT	9:29.70	
48	Jana Mostafa Helmy Hassan	14	Ghaba	9:55.00	x9:37.42	
49	Gana Saad Ahmed	15	Bani Ebied	10:15.09	9:41.76	
50	Hanin Yassar Mohamed Ali	15	Ghaba	9:52.95	x10:29.39	

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Results

(Event 37 Women 14-15 800 LC Meter SF)

Name	Age	Team	Seed Time	Finals Time	Points
51 Mariam Gamil Nadar Abed	15	Wadi Degla	10:25.21	x10:55.87	
--- Farah Mostafa Magdy	15	Smouha	8:41.03	DNF	
--- Roqia Mohamed Omar Habshy	14	Bank Alx	8:01.82	NS	
--- Malak Mohmed Abd Elatey	14	Wadi Degla	9:11.67	NS	

Event 37 Women 16-17 800 LC Meter SF

Egypt: 7:01.54 # 08-Jul-21

Gamila Ali Saber

Suez C.P.Said

Name	Age	Team	Seed Time	Finals Time	Points
1 Ghada Mohamed Ahmed	16	Wadi Degla	7:25.15	7:26.07	50
2 Walaa Araby Ramdan	17	Ismaily Sporting Club	7:37.93	7:40.09	46
3 Roudina Sherif Mosad	17	Ghaba	7:46.28	7:48.25	42
4 Lila Amr Ahmed	17	Elethead Elskandry Club	7:58.70	7:48.56	39
5 Mariam Ali Mohamed	16	Ghaba	7:58.62	7:53.40	36
6 Yomna Wael Mohamed	17	Electrecity Ismailia	NT	7:57.67	33
7 Shahd Ahmed Fakhr	17	Ismaily Sporting Club	8:03.99	8:01.60	30
8 Joudy Ahmed Fouad	16	Ghaba	7:55.61	x8:03.39	
9 Jana Sherif Mohamed Moustafa	16	Olimpiy Club	8:05.17	8:07.51	27
10 Malk Said Abdelrazek	16	Smouha	8:17.41	8:11.65	24
11 Malak Mohamed Mahmoud	16	Ghaba	8:29.43	x8:15.68	
12 Nada Amr Mohamed Abdhamed	17	Ghaba	8:47.53	x8:19.17	
13 Yara Attif Mohamed	16	Smouha	8:08.86	8:23.79	22
14 Mariam Tamer Sayed	16	Electrecity Ismailia	8:24.31	8:26.73	20
15 Amira Gamal Abdallah	17	Army Club	8:51.18	8:29.06	18
16 Ganna Amr Abd El-Khalek	16	Al-Canal	8:22.83	8:29.18	16
17 Habiba Hany Tarek	16	TM Acd	8:57.18	8:32.00	14
18 Shahd Hossam Gafar	17	Elriady Elbahry Club	8:47.16	8:34.28	12
*19 Habiba Mohamed AbdAlghani	16	Shooting Cairo	NT	8:35.93	9
*19 Rawan Ehab Hussin	16	Bank Ahly Cairo	8:39.51	8:35.93	9
21 Malak Mohamed Fekry Ahmed	16	Stad Mansoura	8:26.03	8:38.73	7
22 Reem Osama Mohamed	17	Al-Canal	9:00.90	8:45.64	6
23 Fatma Mahmoud Helmy	17	TM Acd	8:55.23	8:46.28	5
24 Malk Mohamed Gomaa	16	Betash Club	8:43.84	8:46.37	4
25 Logen Mohamed Refat	16	Smouha	NT	x8:51.70	
26 Mereet Hassan Amien	16	Ismaily Sporting Club	9:21.10	x8:56.48	
27 Gana Ali Abdelhady Ibrahe	16	Stad Mansoura	8:37.66	9:03.45	3
28 Hanen Osamaa Ali	17	Al-Canal	9:29.75	x9:06.10	
29 Sanaa Gamil Nader	17	Wadi Degla	8:50.84	9:11.95	2
30 Malak Nasser Ali	17	Nasr Club	9:15.17	9:13.28	1
31 Malak Haitham Fadel	16	Pyramids Gardens	9:33.07	9:15.48	
32 Nada Ahmed Ibrahim	16	Elethead Elskandry Club	NT	9:17.36	
--- Yasmin Adel Sayid Sayid	16	E-Zee Sport	8:21.50	DNF	
--- Hana Thabet Othman	17	Shooting Cairo	NT	NS	
--- Reem Said Mohamed	16	Tagamoa Heights	8:13.07	NS	

Event 37 Women 18-19 800 LC Meter SF

Egypt: 7:01.54 # 08-Jul-21

Gamila Ali Saber

Suez C.P.Said

Name	Age	Team	Seed Time	Finals Time	Points
*1 Gamila Ali Saber	18	Suez C.P.Said	7:34.51	7:15.68	48
*1 Nada Magdy Abou Moslam	18	Ghaba	7:26.26	7:15.68	48
3 Malak Sherif Said Moustafa	18	Bank Ahly Cairo	7:23.34	7:16.50	42
4 Haba Mohamed Shawky	19	Ghaba	7:31.06	7:43.82	39
5 Manar Mohamed Moustafa Moh	19	Ghaba	8:01.26	x7:51.46	

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Name	Age	Team	Seed Time	Finals Time	Points
6 Malak Waled Monire	19	Ghaba	7:47.84	x7:53.51	
7 Sara Abd ElFatah Abdazem	19	Al-Canal	7:44.40	7:54.45	36
8 Malak Mohamed Farouk Saad	19	Elriady Elbahry Club	8:03.84	8:00.65	33
9 Mariam Mohamed Mohamed	19	Elriady Elbahry Club	8:12.30	8:12.26	30
10 Radwa Ahmed Hassan	18	Smouha	8:15.18	8:15.92	27
11 Yara Haymen Elsayed Youss	18	Elriady Elbahry Club	8:40.70	x9:31.18	
12 Norhan Fahmy Abdelmoty	19	Hykisteb	NT	9:47.43	24
--- Shadan Ahmed Mahmoud	19	E-Zee Sport	9:34.21	NS	

Event 37 Women 20 & Over 800 LC Meter SF

Egypt: 7:01.54 # 08-Jul-21 Gamila Ali Saber

Suez C.P.Said

Name	Age	Team	Seed Time	Finals Time	Points
1 Hadeel Mahmoud Abd Elhakim	26	Shooting Cairo	NT	7:53.17	50
2 Nada Ibrahim Gohar	21	Smouha	7:53.74	7:58.71	46
3 Fatama Amr Bayoumi Ahmed	21	Army Club	8:17.64	8:10.50	42
4 Mona Wael Hassan	23	Shooting Cairo	NT	8:24.07	39
5 Salma Hany Farouk	21	Al-Canal	8:55.64	8:28.10	36
6 Lara Magdy Kamel	22	Ghaba	8:33.25	8:29.62	33
7 Menna Ahmed Mahmoud	21	Ghaba	9:08.46	8:49.35	30
8 Yara Sedik Hassan	24	Pyramids Gardens	9:41.37	9:21.56	27
9 Touqa Khaled Hagag	20	Al-Canal	NT	9:42.21	24
10 Toka Mohamed Mohamed	20	El Ealameyen	10:12.50	10:02.39	22
11 Amira Hassan Mohamed	23	Police	10:44.81	10:38.71	20
--- Nada Khaled Mohamed	22	Shooting Cairo	NT	NS	
--- Mantallah Mohamed ElSayed	20	Wadi Degla	9:04.54	NS	
--- Maya Hitham Mohamed	21	Army Club	NT	NS	
--- Nour Sameh Mohamed	23	Smouha	NT	NS	

Event 38 Men 14-15 800 LC Meter SF

Egypt: 6:43.70 # 10-2022 Mohab Ehab Helmy

Bank Cairo

Name	Age	Team	Seed Time	Finals Time	Points
1 Ibrahim Ahmed Fathy Ibrahim	15	Al-Canal	7:00.08	7:00.76	50
2 Adel Badr Fatoh	15	Wave	7:16.50	7:06.09	46
3 Ahmed Ashraf Mahmoud Moham	14	Electrecity Ismailia	7:21.27	7:16.59	42
4 Amar Motaz Ibrahim	14	Ghaba	7:20.82	7:21.57	39
5 Ahmed Mohamed Ahmed	15	TM Acd	7:28.85	7:24.40	36
6 Zeyad Ahmed Abdelmoneim	15	Nasr Club	7:35.64	7:27.65	33
7 Youssef Abd Elrahman Abdelft	14	El-Obour	7:45.78	7:27.92	30
8 Anas Ahmed Mohmed Mahmoud	15	Ismaily Sporting Club	7:28.29	7:31.32	27
9 Yossef Hatem Eldomyaty	15	Suez C.P.Said	7:58.13	7:39.25	24
10 Abdallah Abou ElAzm Ibrahim	15	Elethead Elskandry Club	7:46.79	7:41.59	22
11 Mohamed Ahmed Abd Eltawab	14	Al-Canal	7:39.57	7:43.03	20
12 Gaser Hosam Ahmed	15	Elethead Elskandry Club	7:33.07	7:46.56	18
13 Yassin Magdy Mohamed	15	Betash Club	8:01.18	7:47.46	16
14 Zouhair Sherif Ahmed	14	Ismaily Sporting Club	7:31.14	7:48.65	14
15 Mohamed Tarek Mahmoud Abdo	14	Wave	8:00.35	7:49.42	12
16 Yousef Mohamed Mostafa	14	Elethead Elskandry Club	7:41.22	x7:49.46	
17 Mohamed Khaled Ali Oraby	15	Al-Canal	7:50.58	x7:54.20	
18 Khaled Mohamed Adel	14	Al-Canal	7:53.41	x7:57.29	
19 Omar Ashraf Mohamed	15	Army Club	7:50.53	8:00.67	10
20 Yousef Eslam Mohamed	15	Ismaily Sporting Club	8:11.65	x8:01.14	
21 Seif Ahmed Safa Ibrahim	15	El-Temseh	8:15.37	8:05.46	8

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Name	Age	Team	Seed Time	Finals Time	Points
22 Zeyad amr Ahmed	15	Ismaily Sporting Club	8:11.66	x8:08.39	
23 Mohamed Mahmoud Sedek Ahme	15	Ismaily Sporting Club	8:06.39	x8:10.35	
24 Nour Atef Hassan Hussin	15	Betash Club	NT	8:10.62	7
25 Ayman Gamal Elgabily	15	Gnede	8:33.80	8:12.10	6
26 Abdelrahman Mohamed Khaled	14	Al-Canal	7:58.19	x8:13.56	
27 Abdelrahman Mahmoud Ahmed I	15	Elethad Elskandry Club	8:15.42	x8:15.18	
28 Seif Amr Said Abou Majd	14	Betash Club	8:12.72	x8:17.10	
29 Abd ElRahman Mohamed Abass	14	Elriady Elbahry Club	8:23.27	8:22.85	5
30 Mohaned amr Abdallah	14	Ghaba	8:30.71	8:24.40	4
31 Adham Mohamed Ghobashy	14	Wadi Degla	NT	8:29.96	3
32 Marwan Waled Hassan Ahmed	15	Wadi Degla	8:44.27	8:33.01	2
33 Mohamed Tarek Fakhry	15	Nasr Club	8:42.31	8:37.87	1
34 Mohamed Ahmed Mohamed Sam	14	Faros Club	8:40.23	8:45.62	
35 Yousef Basyony Al-Nor	15	Z.Swimmer	9:16.03	8:46.70	
36 Antowan Amir Sami	14	Ghaba	8:52.98	x8:47.46	
37 Zyad Mohamed abd Elglel	15	Al-Canal	8:52.95	x8:48.32	
38 Omar Hishamam	15	Gnede	NT	9:02.95	
--- Mahmoud Mounir Abdelnabi	15	Nasr Club	7:37.01	NS	
--- Ahmed Mohmed Mostsfa Shban	15	Wadi Degla	8:14.00	NS	
--- Mohamed Ragab Mohamed	15	Army Club	7:35.35	NS	
--- Ahmed Khairy Mohamed	14	El-Obour	8:01.15	NS	

Event 38 Men 16-17 800 LC Meter SF

Egypt: 6:38.26 # 09-Sep-18

Yousif Mohamed Elatar

Smouha

Name	Age	Team	Seed Time	Finals Time	Points
1 Mohamed Esam Mohamed Kenav	17	Elethad Elskandry Club	6:54.62	6:47.93	50
2 Ahmed Amr Mohamed Mohamed	16	Smouha	6:55.55	6:52.06	46
3 Hassan Mohamed Adel	16	Al-Canal	6:53.07	6:57.59	42
4 Abou Bakr Khaled Naeem Hamou	16	Wadi Degla	7:14.37	7:06.70	39
5 Yousef Amen Mohamed Mansour	17	Electrecity Ismailia	7:05.89	7:07.43	36
6 Omar Mohamed Abdelgwad	16	Stad Mansoura	7:04.35	7:07.62	33
7 Mazen Tamer Seleman	17	Al-Canal	7:09.08	7:07.81	30
8 Adham Hossam Ibrahim	17	Elethad Elskandry Club	7:16.65	7:08.78	27
9 Gaber Yaser Gaber	16	Elostol Club	7:14.73	7:08.81	24
10 Omar Mohamed Adly Mohamed	16	Tyran Club	7:04.50	7:12.50	22
11 Momen Ibrahim Mahmoud	17	Wadi Degla	6:56.23	7:13.90	20
12 Abdelazim AbdelfattahAbdelazir	17	Al-Canal	7:30.07	x7:14.45	
13 Ibrahim Mohamed Abd El Meged	16	Al-Canal	7:27.16	x7:21.36	
14 Adam Eslam Hamdi	16	Elethad Elskandry Club	7:24.52	x7:22.43	
15 Mazen Gamal el Sayed	16	Elethad Elskandry Club	7:20.24	x7:25.65	
16 Moustafa Awad Mohamed	16	Ghaba	7:09.90	7:34.03	18
17 Yousef Mohamed Abdelmegeed	16	Electrecity Ismailia	7:26.18	7:42.09	16
18 Abd Elrahman Sameh Ezz Eldin	16	Nasr Club	7:44.76	7:45.89	14
19 Mohamed Ali Ghubashy	16	Ghaba	8:22.87	7:49.71	12
20 Moaz Hamedo Almaz	16	Ghaba	7:52.31	x7:51.65	
21 Mahmoud Ahmed Mohmed	17	Elethad Elskandry Club	7:49.98	x7:52.82	
22 Adam Mohamed Salem Dashan	17	Ismaily Sporting Club	7:48.58	7:53.23	10
23 Ahmed Zawahri Ahmed	17	Nasr Club	7:49.46	7:58.45	8
24 Mohamed Hayman Elsayed	16	Elriady Elbahry Club	NT	8:14.40	7
25 Mostafa Mohamed Ibrahim	16	Ismaily Sporting Club	9:03.19	8:42.23	6
26 Abdalrhman Haitham Samyr	17	Gnede	10:28.48	10:03.90	5
27 Ziad Wael Salameh	16	Al-Talbia	NT	11:47.57	4

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(Event 38 Men 16-17 800 LC Meter SF)

Name	Age	Team	Seed Time	Finals Time	Points
--- Ahmed Mohamed Mohamed	16	Al-Canal	NT	NS	
--- Mohab Ihab Helmy Mohamed	16	Bank Ahly Cairo	6:43.70	NS	

Event 38 Men 18-19 800 LC Meter SF

Egypt: 6:38.26 # 9-2018

Yousef Mohamed ElAtar

Smouha

Name	Age	Team	Seed Time	Finals Time	Points
1 Youssef Wael Abd Elsalam	18	Elethead Elskandry Club	7:21.69	6:52.06	50
2 Moustafa Nabel El-Saed	19	Elriady Elbahry Club	7:03.59	6:59.37	46
3 Ahmed Tamr Abd El-Kadr	19	Electrecity Ismailia	7:13.97	7:04.07	42
4 Youssef Ahmed Youssef	19	Wadi Degla	7:29.90	7:10.57	39
5 Ahmed Abo Bakr Azmy	18	Elriady Elbahry Club	7:23.18	7:16.00	36
6 Mustafa Hany Shaker el Sadek	18	Electrecity Ismailia	NT	7:30.25	33
7 Osama Abdalrahman Adb Alfa	18	El-Obour	7:45.53	7:31.87	30
8 abd Elrahman Moustafa Kassem	19	Suez C.P.Said	7:41.97	7:39.07	27
9 Hassan Mohamed Hassan Ali	18	Smouha	7:48.36	7:43.93	24
10 Kaled Magde abd Alfatah	18	Ismaily Sporting Club	7:51.03	7:45.12	22
11 Mekhael Hesham Adly	18	Ghaba	NT	8:06.07	20
12 Seif Said Mohamed Gamal	18	Ghaba	7:48.71	8:09.79	18
13 Fars Ahmed Nabil	18	Police	7:41.48	8:10.40	16
14 Abdel Rhman Ahmed Mohamed	18	Elethead Elskandry Club	8:03.68	8:15.30	14
15 Ahmed Khaled Ibrahim	18	Bank Ahly Cairo	9:07.00	8:37.09	12
16 Taha Tarek Samy	18	Shooting Cairo	NT	9:04.43	10
--- Seif Ahmed Elhadedy	18	Wadi Degla	NT	NS	
--- amr Wael Ebrahim	18	Mansora University	7:43.92	NS	

Event 38 Men 20 & Over 800 LC Meter SF

Egypt: 6:38.26 # 9-2018

Yousef Mohamed ElAtar

Smouha

Name	Age	Team	Seed Time	Finals Time	Points
1 Mahmoud Waled Ali Mohamed	20	Ghaba	6:43.11	6:42.23	50
2 Adham Ahmed Mohamed Fouad	21	Ghaba	7:01.29	6:52.98	46
3 Ahmed Husin Abas	20	Elriady Elbahry Club	7:03.51	7:11.46	42
4 Ibrahim Khalil Ibrahim	21	Shooting Cairo	NT	7:13.95	39
5 Abd El-Rahman Ali Saed Awad	22	Elethead Elskandry Club	7:17.68	7:16.85	36
6 Mazen Mohamed Elsayed	21	Al-Canal	7:24.46	7:21.21	33
7 Youssef Ibrahim Mahmoud Aboz	21	Elethead Elskandry Club	7:21.51	7:22.20	30
8 Osama Mohamed ElSayed	20	Wadi Degla	7:22.89	7:34.28	27
9 Balal Wael Salah Eldin	21	Shooting Cairo	NT	7:46.78	24
10 Ahmed Adel Khalil	24	Shooting Cairo	NT	x8:06.67	
11 ElMotaz Ibrahim Khalil	20	TM Acd	8:54.26	8:22.20	22
12 Ahmed Esaam Saed	23	Bank Ahly Cairo	8:14.76	8:44.10	20
13 Ahmed Emad Abd ElAzim	20	Ghaba	NT	x8:50.90	
14 Mahmoud Alaa Aldin Mohamed	21	Pyramids Gardens	8:49.90	9:31.15	18
--- Abdallah Tamer Abdallah	20	Shooting Cairo	NT	NS	
--- Asem Khaled Mohamed	20	Shooting Cairo	NT	NS	
--- Alaa Ahmed Salah	20	Pyramids Gardens	9:09.42	NS	

Event 39 Women 14-15 1500 LC Meter SF

Egypt: 14:19.12 # 7-2014

Alaa Abd ElLatif Ahmed

Shooting Alex.

Name	Age	Team	Seed Time	Finals Time	Points
1 Malk Mohamed Abouelela	14	Nasr Club	15:05.55	14:38.31	50
2 Rokaya Essam Goda Abd ElWaha	14	Ghaba	14:54.20	14:56.07	46
3 Joudy Rada Mohamed	15	Betash Club	15:24.07	14:57.42	42

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	Name	Age	Team	Seed Time	Finals Time	Points
4	Essel Ahmed Mansour	14	ElMasry Port Said	15:58.43	15:11.73	39
5	Mai Tarek ali	15	Ismaily Sporting Club	15:09.43	15:17.70	36
6	Malak Mohamed Ahmed	15	Elethead Elskandry Club	15:12.72	15:23.89	33
7	Khadija Khaled Naeem ElDeeb	14	Wadi Degla	15:26.76	15:28.59	30
8	Jana Khaled Ali Abd Elsal	14	El-Temsah	15:49.54	15:33.85	27
9	Roqia Mohamed Omar Habshy	14	Bank Alx	15:42.73	15:35.59	24
10	Sedara Ahmed Mohamed	14	Army Club	15:53.73	15:36.43	22
11	Rana Abd Elmonem Zaky	14	Betash Club	15:40.56	15:37.32	20
12	Basmala Wael Ahmed Mohamed	15	Wadi Degla	15:20.87	15:42.04	18
13	Jana Ali Sobhy Abd Elkadr	14	Betash Club	15:40.95	x15:47.31	
14	Mariam Ayman Abd ElGawad	14	Elethead Elskandry Club	15:59.86	15:56.54	16
15	Nada Elsayed Hassan Moham	14	Electrecity Ismailia	15:51.93	16:09.40	14
16	Joury Yasar Ali Mohamed	14	Elethead Elskandry Club	16:05.21	x16:12.48	
17	Malak Alaa Aldin Khlousy	15	Police	15:41.75	16:16.85	12
18	Hanen Mohamed Sami	15	Nasr Club	16:11.67	16:22.01	10
19	Jomana Nader Farouk	15	Smouha	16:37.76	16:27.60	8
20	Reem Ehab Mohamed Nour	14	Ghaba	NT	16:28.95	7
21	Rawan Waled Mohamed Amin	15	Ghaba	16:23.82	x16:31.45	
22	Habiba Osama Ali	15	Al-Canal	17:07.69	16:38.42	6
23	Nour Gamal Eldin Sayed	14	Al-Canal	17:03.50	16:38.70	5
24	Rodaina Hossam Salah	15	Nasr Club	16:31.01	x16:40.57	
25	Amal Mahmoud Saeid	14	El-Temsah	NT	16:47.43	4
26	Tabarak Mohamed Salah	14	Electrecity Ismailia	16:59.43	16:52.09	3
27	Jana Ahmed Badwy	14	Ghaba	NT	x17:57.73	
28	Gana Saad Ahmed	15	Bani Ebied	19:21.56	18:20.93	2
29	Raqia Raafat Abdulmutallab	14	El-Obour	NT	18:55.53	1
30	Hanin Yassar Mohamed Ali	15	Ghaba	NT	x21:12.89	
---	Shahd Mohamed Mostafa	15	Ismaily Sporting Club	16:27.81	DQ	
---	Habiba Mohamed Eid Hassan	15	Al-Canal	15:40.78	DQ	
---	Farah Mostafa Magdy	15	Smouha	16:37.76	DNF	
---	Farah Wail El Maadawy	15	Elriady Elbahry Club	15:13.54	DNF	
---	Logina Hosam Mohamed	14	El-Obour	17:47.65	NS	

Event 39 Women 16-17 1500 LC Meter SF

Egypt: 13:36.99 # 06-Jul-21

Nada Mady Abou Moslam

GHABA

	Name	Age	Team	Seed Time	Finals Time	Points
1	Ghada Mohamed Ahmed	16	Wadi Degla	14:23.32	14:27.15	50
2	Walaa Araby Ramdan	17	Ismaily Sporting Club	14:57.69	14:53.04	46
3	Roudina Sherif Mosad	17	Ghaba	14:51.95	15:09.37	42
4	Mariam Ali Mohamed	16	Ghaba	15:32.43	15:15.51	39
5	Lila Amr Ahmed	17	Elethead Elskandry Club	15:24.25	15:17.95	36
6	Yomna Wael Mohamed	17	Electrecity Ismailia	NT	15:30.01	33
7	Yasmin Adel Sayid Sayid	16	E-Zee Sport	16:10.37	15:36.70	30
8	Ganna Amr Abd El-Khalek	16	Al-Canal	16:08.06	15:51.79	27
9	Malk Said Abdelrazek	16	Smouha	16:13.34	16:00.25	24
10	Malak Mohamed Mahmoud	16	Ghaba	16:09.10	x16:05.29	
11	Malak Nasser Ali	17	Nasr Club	17:42.53	17:59.48	22
---	Jana Sherif Mohamed Moustafa	16	Olimpiy Club	15:35.28	DQ	
---	Malk Mohamed Gomaa	16	Betash Club	16:41.51	DQ	
---	Hala Sherif Hussin Tawfik	16	Smouha	15:42.03	NS	
---	Hana Thabet Othman	17	Shooting Cairo	15:37.56	NS	
---	Reem Said Mohamed	16	Tagamoa Heights	15:41.07	NS	

Egypt Cup 2023 - 03-Mar-23 to 08-Mar-23

Results

Event 39 Women 18-19 1500 LC Meter SF

Egypt: 13:36.99 # 06-Jul-21		Nada Mady Abou Moslam		GHABA	
Name	Age	Team	Seed Time	Finals Time	Points
1 Malak Sherif Said Moustafa	18	Bank Ahly Cairo	14:44.42	14:00.98	50
2 Gamila Ali Saber	18	Suez C.P.Said	14:17.21	14:10.26	46
3 Nada Magdy Abou Moslam	18	Ghaba	14:40.64	14:11.81	42
4 Malak Waled Monire	19	Ghaba	15:03.56	15:12.50	39
5 Manar Mohamed Moustafa Moh	19	Ghaba	15:02.09	x15:19.82	
6 Malak Mohamed Farouk Saad	19	Elriady Elbahry Club	15:43.11	15:25.14	36
7 Mariam Mohamed Mohamed	19	Elriady Elbahry Club	16:00.56	15:57.68	33
8 Radwa Ahmed Hassan	18	Smouha	15:54.76	15:59.96	30
9 Shahd Mohamed Bayomi	19	EG Swaim	17:32.26	18:34.87	27
--- Sara Abd ElFatah Abdazem	19	Al-Canal	14:48.96	DQ	
--- Haba Mohamed Shawky	19	Ghaba	14:39.73	DNF	
--- Malak Ahmed Abdla Wannis	18	Ghaba	15:17.09	NS	

Event 39 Women 20 & Over 1500 LC Meter SF

Egypt: 13:36.99 # 06-Jul-21		Nada Mady Abou Moslam		GHABA	
Name	Age	Team	Seed Time	Finals Time	Points
1 Hadeel Mahmoud Abd Elhakim	26	Shooting Cairo	NT	15:22.45	50
2 Fatama Amr Bayoumi Ahmed	21	Army Club	16:08.04	15:56.87	46
3 Salma Hany Farouk	21	Al-Canal	16:14.51	16:16.79	42
4 Lara Magdy Kamel	22	Ghaba	16:41.51	16:45.37	39
5 Menna Ahmed Mahmoud	21	Ghaba	17:06.85	17:37.32	36
6 Youmna Hesham Ramadan	21	Pyramids Gardens	18:49.32	18:17.21	33
7 Yara Sedik Hassan	24	Pyramids Gardens	18:41.59	18:21.84	30
8 Amira Hassan Mohamed	23	Police	23:04.51	21:49.15	27
--- Nada Khaled Mohamed	22	Shooting Cairo	NT	NS	
--- Mantallah Mohamed ElSayed	20	Wadi Degla	18:17.76	NS	
--- Nada Ibrahim Gohar	21	Smouha	15:19.95	NS	

Event 40 Men 14-15 1500 LC Meter SF

Egypt: 12:59.95 # 18-Oct-22		Mohab Ihab Helmy Mohamed		Bank Ahly Cairo	
Name	Age	Team	Seed Time	Finals Time	Points
1 Ibrahim Ahmed Fathy Ibrahim	15	Al-Canal	13:44.65	13:36.95	50
2 Ahmed Ashraf Mahmoud Moham	14	Electrecity Ismailia	13:57.45	14:00.43	46
3 Zouhair Sherif Ahmed	14	Ismaily Sporting Club	14:30.61	14:26.98	42
4 Youssef Abd Elrahman Abdelft	14	El-Obour	NT	14:27.75	39
5 Gaser Hosam Ahmed	15	Elethead Elskandry Club	15:30.65	14:28.56	36
6 Ahmed Mohamed Ahmed	15	TM Acd	14:36.18	14:31.03	33
7 Mohamed Ahmed Abd Eltawab	14	Al-Canal	14:51.40	14:34.56	30
8 Amar Motaz Ibrahim	14	Ghaba	14:19.25	14:34.92	27
9 Zeyad Ahmed Abdelmoneim	15	Nasr Club	14:21.76	14:44.71	24
10 Mohamed Khaled Ali Oraby	15	Al-Canal	15:13.66	x14:57.43	
11 Yossef Hathem Eldomyaty	15	Suez C.P.Said	15:25.86	15:02.68	22
12 Abdallah Abou ElAzm Ibrahim	15	Elethead Elskandry Club	14:53.02	15:04.93	20
13 Khaled Mohamed Adel	14	Al-Canal	15:57.88	x15:14.15	
14 Mahmoud Mounir Abdelnabi	15	Nasr Club	14:52.23	15:24.40	18
15 Ahmed Khairy Mohamed	14	El-Obour	16:17.95	15:30.31	16
16 Moaz Ibrahim Abd ElHameed	15	El-Temsah	16:04.81	15:51.03	14
17 Abdelrahman Mahmoud Ahmed I	15	Elethead Elskandry Club	15:46.22	x15:58.06	
18 Yousef Mohamed Mostafa	14	Elethead Elskandry Club	15:14.60	x16:09.98	
19 Seif Ahmed Safa Ibrahim	15	El-Temsah	15:55.14	16:16.04	12

Egypt Cup 2023 - 03-Mar-23 to 08-Mar-23

Results

(Event 40 Men 14-15 1500 LC Meter SF)

	Name	Age	Team	Seed Time	Finals Time	Points
20	Mohaned amr Abdallah	14	Ghaba	16:08.17	16:19.79	10
21	Abd ElRahman Mohamed Abass	14	Elriady Elbahry Club	16:16.13	16:20.23	8
22	Mohamed Abdellhady Mohamed	14	Ismaily Sporting Club	NT	16:33.62	7
23	Adham Mohamed Ghobashy	14	Wadi Degla	NT	16:44.54	6
24	Yousef Basyony Al-Nor	15	Z.Swimmer	18:06.38	17:18.17	5
25	Zyad Mohamed abd Elglel	15	Al-Canal	17:48.40	x17:49.65	
26	Omar Hishamam	15	Gnede	NT	18:04.98	4
27	Antowan Amir Sami	14	Ghaba	17:57.17	x18:35.04	
---	Ayman Gamal Elgabily	15	Gnede	16:27.91	DQ	
---	Yousif Elsayed Mahmoud	15	Wadi Degla	NT	DQ	
---	Adel Badr Fatoh	15	Wave	14:11.54	NS	
---	Ahmed Mohmed Mostsfa Shban	15	Wadi Degla	18:34.34	NS	
---	Mohamed Tarek Mahmoud Abdo	14	Wave	15:06.67	NS	

Event 40 Men 16-17 1500 LC Meter SF

Egypt: 12:59.82 # 27-Jan-23

Mohab Ihab Helmy Mohamed

Bank Ahly Cairo

	Name	Age	Team	Seed Time	Finals Time	Points
1	Ahmed Amr Mohamed Mohamed	16	Smouha	13:25.02	13:22.37	50
2	Hassan Mohamed Adel	16	Al-Canal	13:15.61	13:26.40	46
3	Mohamed Esam Mohamed Kenav	17	Elethad Elskandry Club	13:30.20	13:26.79	42
4	Yousef Amen Mohamed Mansour	17	Electrecity Ismailia	13:44.79	13:48.71	39
5	Abou Bakr Khaled Naeem Hamou	16	Wadi Degla	13:59.26	13:50.82	36
6	Omar Mohamed Abdelgwad	16	Stad Mansoura	14:05.25	13:51.18	33
7	Moustafa Awad Mohamed	16	Ghaba	14:08.65	13:54.45	30
8	Abdelazim AbdelfattahAbdelazir	17	Al-Canal	14:23.64	13:54.46	27
9	Mazen Tamer Seleman	17	Al-Canal	13:40.84	x13:58.61	
10	Adham Hossam Ibrahim	17	Elethad Elskandry Club	13:56.75	14:00.54	24
11	Ibrahim Mohamed Abd El Meged	16	Al-Canal	14:24.59	x14:05.25	
12	Omar Mohamed Adly Mohamed	16	Tyran Club	13:57.29	14:10.11	22
13	Mazen Gamal el Sayed	16	Elethad Elskandry Club	14:25.45	x14:26.39	
14	Yousef Mohamed Abdelmeged	16	Electrecity Ismailia	14:44.27	14:39.56	20
15	Omar El-Hag Ali	17	Al-Canal	14:32.09	x14:40.06	
16	Ahmed Zawahri Ahmed	17	Nasr Club	14:46.78	14:40.68	18
17	Abd Elrahman Sameh Ezz Eldin	16	Nasr Club	15:19.18	15:06.59	16
18	Mahmoud Ahmed Mohmed	17	Elethad Elskandry Club	15:29.43	x15:25.51	
19	Mohamed Ali Ghubashy	16	Ghaba	15:33.81	15:34.96	14
20	Abdalrhman Haitham Samyr	17	Gnede	NT	20:15.79	12
---	Adam Eslam Hamdi	16	Elethad Elskandry Club	14:11.43	DQ	
---	Momen Ibrahim Mahmoud	17	Wadi Degla	13:46.87	DNF	
---	Mohab Ihab Helmy Mohamed	16	Bank Ahly Cairo	12:59.82	NS	

Event 40 Men 18-19 1500 LC Meter SF

Egypt: 12:57.03 # 23-Feb-19

Yousif Mohamed Elatar

Smouha

	Name	Age	Team	Seed Time	Finals Time	Points
1	Youssef Wael Abd Elsalam	18	Elethad Elskandry Club	13:34.62	13:45.23	50
2	Ahmed Tamr Abd El-Kadr	19	Electrecity Ismailia	13:47.35	13:54.64	46
3	Youssef Ahmed Youssef	19	Wadi Degla	14:30.06	14:01.36	42
4	Mohamed Ayman Nabil	18	Shooting Cairo	14:22.91	14:10.03	39
5	Moustafa Nabel El-Saed	19	Elriady Elbahry Club	13:44.87	14:30.01	36
6	Ahmed Abo Bakr Azmy	18	Elriady Elbahry Club	14:15.65	14:38.84	33
7	Osama Abdalrahman Adb Alfa	18	El-Obour	14:40.95	14:41.07	30
8	Mazen Reda Shaban Khaliel	18	Electrecity Ismailia	NT	14:54.34	27

Egypt Cup 2023 - 03-Mar-23 to 08-Mar-23**Results****(Event 40 Men 18-19 1500 LC Meter SF)**

	Name	Age	Team	Seed Time	Finals Time	Points
9	Hassan Mohamed Hassan Ali	18	Smouha	14:48.96	15:14.84	24
10	Seif Said Mohamed Gamal	18	Ghaba	15:19.89	15:29.14	22
11	Abd El-Rhman Ahmed Abd ElHan	19	Ghaba	15:45.43	15:37.90	20
12	Mekhael Hesham Adly	18	Ghaba	15:23.00	x16:01.56	
13	Bassel Medhat Salah	18	Pyramids Gardens	15:26.26	16:37.43	18
14	Ahmed Khaled Ibrahim	18	Bank Ahly Cairo	16:56.78	17:08.51	16

Event 40 Men 20 & Over 1500 LC Meter SF

Egypt: 12:57.03 # 23-Feb-19

Yousif Mohamed Elatar

Smouha

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mahmoud Waled Ali Mohamed	20	Ghaba	13:11.71	12:59.81	50
2	Adham Ahmed Mohamed Fouad	21	Ghaba	13:54.50	13:24.78	46
3	Ahmed Husin Abas	20	Elriady Elbahry Club	13:31.94	13:28.65	42
4	Ibrahim Khalil Ibrahim	21	Shooting Cairo	NT	13:53.57	39
5	Abd El-Rahman Ali Saed Awad	22	Elethead Elskandry Club	14:15.78	14:08.92	36
6	Youssef Ibrahim Mahmoud Aboz	21	Elethead Elskandry Club	13:59.59	14:32.11	33
7	Mazen Mohamed Elsayed	21	Al-Canal	14:17.57	14:44.92	30
8	Abdallah Tamer Abdallah	20	Shooting Cairo	14:34.17	14:50.25	27
9	Balal Wael Salah Eldin	21	Shooting Cairo	15:30.76	x15:10.36	
10	Ahmed Esaam Saed	23	Bank Ahly Cairo	16:08.96	16:38.25	24
11	Ahmed Emad Abd ElAzim	20	Ghaba	NT	x17:11.36	
12	Alaa Ahmed Salah	20	Pyramids Gardens	17:47.84	18:02.75	22
13	Mahmoud Alaa Aldin Mohamed	21	Pyramids Gardens	17:07.35	19:38.11	20