



Open Dutch Finswimming Championship 2023

24 and 25 June 2023

Promoter: NOB.

Pieter van den Hoogenband Swimmstadium
National Swimming Centre De Tongelreep
Antoon Coolenlaan 1
5644 RX Eindhoven
The Netherlands

E-mail: nkvinzwemmen@yahoo.com



Invitation

Dear finswimmers,

On behalf of the Dutch association for underwater sports (NOB) it is my pleasure to invite you to the Dutch Open Finswimming Championship 2023 on 24 and 25 June 2023, which will take place in the Pieter van den Hoogenband Swimming Stadium in Eindhoven.

This year we organize this tournament for the 45th time in the Pieter van den Hoogenband Swimming Stadium. A tournament where all fin swimmers, including young children and veterans, can participate, not only from the Netherlands but also from other countries. And let's not forget that in addition to the almost 150 fin swimmers, many volunteers are also active to make this event a great success.

We would like to see you all in Eindhoven, so that we can have a fantastic weekend together, with great enthusiasm, good sporting performances and a respectful tournament.

Karin and Femma Neehus
Organizer Dutch Open Finswimming Championship 2023
commissioned by NOB vinzwemcommissie

* Reminder: also foreign associations are, without competition, invited to participate in the Dutch Finswimming competition.

** Please send this invitation to other associations.



**Pool facilities:**

Pool measurements: 50 mtr.
Number of lanes: 8-10
Type of lines: Wave breaking Separation Lines
Depth: 3,00 mtr.
Water temperature: 26,5° C.
Timekeeping: Electronic

Competition schedule Saturday 24 June 2023

Start: 11:45 AM Warming up 10:30 - 11:15 AM
Teamleaders meeting: 10:45 AM Opening ceremony: 11:30 AM
Estimated end time: 4:15 PM

PROGRAM	DISTANCE	WOMEN/ MEN	CATEGORIE
01	50 m FS	Women	E, D, C, B, A, M, V
02	50 m FS	Men	E, D, C, B, A, M, V
03	1500 m FS	Women	D, C, B, A, M, V
04	1500 m FS	Men	D, C, B, A, M, V
05	800 m IM	Women	D, C, B, A, M, V
06	800 m IM	Men	D, C, B, A, M, V
07	200 m BF	Women	E, D, C, B, A, M, V
08	200 m BF	Men	E, D, C, B, A, M, V
09	4x50 m FS	Women	E, D, C, B, A, M, V
10	4x50 m FS	Men	E, D, C, B, A, M, V
Break			
11	50 m BF	Women	E, D, C, B, A, M, V
12	50 m BF	Men	E, D, C, B, A, M, V
13	400 m FS	Women	E, D, C, B, A, M, V
14	400 m FS	Men	E, D, C, B, A, M, V
15	400 m IM	Women	D, C, B, A, M, V
16	400 m IM	Men	D, C, B, A, M, V
Break			
17	4x100 m BF	Mixed	E, D, C, B, A, M, V



Competition Schedule Sunday 25 June 2023

Start: 11:15 AM Warming up 10:30 - 11:15 AM
Teamleaders meeting: 10:30 AM Estimated end time: 4:00 PM

PROGRAM	DISTANCE	WOMEN/ MEN	CATEGORIE
18	50 m AP	Women	C, B, A, M, V
19	50 m AP	Men	C, B, A, M, V
20	800 m FS	Women	D, C, B, A, M, V
21	800 m FS	Men	D, C, B, A, M, V
22	100 m BF	Women	E, D, C, B, A, M, V
23	100 m BF	Men	E, D, C, B, A, M, V
24	4x50 m AP	Mixed	C, B, A, M, V
Break			
25	100 m FS	Women	E, D, C, B, A, M, V
26	100 m FS	Men	E, D, C, B, A, M, V
27	400 m BF	Women	E, D, C, B, A, M, V
28	400 m BF	Men	E, D, C, B, A, M, V
29	100 m IM	Women	D, C, B, A, M, V
30	100 m IM	Men	D, C, B, A, M, V
31	200 m FS	Women	E, D, C, B, A, M, V
32	200 m FS	Men	E, D, C, B, A, M, V
Break			
33	4x100 m FS	Women	E, D, C, B, A, M, V
34	4x100 m FS	Men	E, D, C, B, A, M, V

Participation is at own risk. Promoter, organiser and host reject any liability

Rules

Participation in this contest is at your own risk. The organizer and the owner of the pool decline all responsibility, insofar as there exists no insurance protection.

The Finswimming CMAS rules (E-vote #61 23/12/22, valid from 1st January 2023) are in effect. There are a number of exceptions to these rules, which will be shared at a later date. Dutch athletes who are registered with the NOB through their association are entitled to participate. Foreign athletes must be in possession of a registration with a sports association, affiliated with the CMAS. The NOB reserves the right to check these registrations for the competition.

It is no longer mandatory to have a medical examination to participate. However, you may be asked to sign a health declaration before participating in the competition.

Met opmerkingen [BV1]: Welke is nu leidend? Ik zou zeggen dat we de NOB regels hebben die gebaseerd zijn op de cmas regels, maar dat de NOB regels leidend zijn.



In case of many applications for the 400FS, 400BF, 400IM, 800FS, 800IM and 1500FS the organization reserves the right to register only the swimmers with the best entry time.

Foreign associations are not obliged to provide volunteers, however foreign volunteers are very welcome. You can register at nkvinzwemmen@yahoo.com.

For each participant a contact person and his / her contact details is required, who should be announced prior to the competition at the jury secretariat, and will be accessible during the games. This person is present at the team managers' meeting and is the contact person for the jury for questions, complaints and other matters during the competition.

It is our wish to keep the Finswimming clean, so we ask each team to sign a statement. The team captain confirms that the members of his team are not using any doping substances and are therefore compliant with the January 1st, 2021, WADA World Anti-Doping Code.. Contact your association for information on this code.

Dutch Championship

During the Dutch championship in each category the places 1, 2 and 3 among the Dutch swimmers are rewarded with a medal.

Every participant receives a digital certificate via the contact person with the swim results.

One Start Rule

There will be only one start. An early start will be disqualified, except when the starting device has failed. The final decision is always made by the referees. Participants who move before the start signal, or otherwise provoke the starting procedure, will be disqualified.

Categories:

Category E	2012 and younger
Category D	2010-2011
Category C	2008-2009
Category B	2006-2007
Category A	1989-2005
Category M	1974-1988
Category V	1973 and older

* If the participants belong to different categories in a relay team, the highest category will apply.
Exception: a team with participants from category A and M and/or V is also classified in category A.



**** Regarding relay team:** teams consist either of ladies or of gentlemen. Barring mixed teams, these consist of 2 ladies and 2 gentlemen. The relay team may have swimmers of different associations but they must have the same nationality.

It is possible to refill your bottles with compressed air during the match (€ 0,50).

Protest (complaints)

Any protests (complaints) must be turned in, in writing, within 30 minutes after release of the results. Protest fee € 50,00. In case of granting there will be a refund.

Admittance

Associations can register by mail until Friday May 19, 2023, stating the number of swimmers.

Definite application at the latest on June 16, 2023 before 23:59 p.m..

Registration only by e-mail: nkvinzwemmen@yahoo.com with the enclosed registration form.

* After the registration date it is not allowed to add distances.

Application Fee per athlete:

€ 45,00 for two days, regardless of the number of swim distances

€ 27,50 for one day, regardless of the number of swim distances

€ 5,00 per relay, if no other distances are swum



We request you to transfer the registration fee before Thursday June 22, 2023 to bank account NL43 INGB 0005 3787 69, BIC: INGBNL2A attn. E. Neehus, in Vinkeveen, stating the association and the number of participants. It is not possible to pay the registration fee in cash or by check. If the registration fee for the competition is not paid at the start of the tournament, the swimmers may not start. If payment is made after June 22, 2023 a fine of € 25 above the registration fee will be charged.

Met opmerkingen [BV2]: Dit is mij niet duidelijk. Mogen ze nu niet starten of mogen ze alleen starten wanneer inschrijfgeld + 25 euro is betaald?

Cafeteria: beside the swimming pool you will find Grand Café Baannul.

Photos and video recordings

Photos and video recordings will be made during the competition. These photos and videos will be posted on nkvinzwemmen.nl and Youtube. By registering you give permission for the photo and video recording to be posted.

Organization

The competition is organized by Karin and Femma Neehus
In accordance of the NOB commissie vinzwemmen

For questions: nkvinzwemmen@yahoo.com



Open NK Vinzwemmen 2023